FROM THE PRINCIPAL

Dear Parents, Students and Staff

A warm welcome to the 2016 school year at Kincoppal-Rose Bay. I particularly welcome our new students, staff and parents to our KRB Community. I hope you have had a wonderful break with your families and friends.

The beginning of the school year is always a time of great energy with many opportunities and activities to look forward to. We are starting this year in a very good place, with focused strategic directions, a committed and dedicated staff, many improvements to our campus and great Cor Unum spirit and enthusiasm amongst all our students.

Our Sacred Heart focus goal this year is Personal Growth in an Atmosphere of Wise Freedom. At KRB we aim to help each of our students to be confident, resilient, persistent and compassionate people. At the Opening Mass I asked all our students to try to be the best that they can be in all that they take on. This might be in the classroom, in sport - soccer, swimming, touch football, music or debating. At KRB we offer a wide program so everyone will find something that they are really good at. We value everyone’s contribution to our school community and we want our students to take on leadership opportunities, to care for others so that they can improve the lives of people in need.

Our student Leadership Team will focus on this goal in many of the activities which involve students.

As KRB’s head of Liturgy, Antoinette Radford says, “Going into 2016, the Sacred Heart Goal ‘Personal Growth in an Atmosphere of Wise Freedom’ inspires each of us to develop our strengths to be the best we can be, utilising the incredible resources our school has to offer us. We are hoping to develop all aspects of our education to help us evolve into all-rounded students and people.”

As a School we supporting and encouraging our students by giving them many different opportunities to develop to be the best they can be. Students are encouraged to reflect on their own experiences to deepen the meaning in their lives, through a process of contemplation.

As part of the STEAM Program, we will be implementing many new initiatives including the introduction of a new Information and Software Technology course in Year 10. We are also developing the plan for the new Year 12 Learning Hub, which will provide a learning and community area for all Year 12 students. At the same we are finalising the building of the new Staff and Administration area in the Junior School.

Students

Over the break, many of our students took on the challenge of immersing themselves in the culture and language of other countries. Eighteen of our students went on exchange to the following International Sacred Heart Schools within our global network:

- Convent of the Sacred Heart Greenwich, USA
- Sacred Heart School of Halifax, Canada
- Convent of the Sacred Heart 91st Street, New York, USA
- Istituta Suore Trinita dei Monti School Rome, Italy
- Obayashi Sacred Heart School, Osaka, Japan
- Institution de la Perverie Nantes, France
- Institution de la Croix Blanche Lille, France
FROM THE PRINCIPAL

Eight Year 10 students, accompanied by staff members Bevan Marshall and Kylie Mulholland, took part in KRB’s annual trip to India as part of Antipodeans Abroad program. They visited Delhi, Agra, Rangbull, the Singalilla Ridge, Darjeeling and Kolkata. Students stayed at the Rigzin Choeling Monastery in Rangbull where they put their skills to work making bench seats for the monks and assisting in, the much needed, retiling of the Monastery’s stairway.

At the recent NSW State Age Championships Swimming competition, KRB students performed extremely well. Outstanding results included:

- Rhiannon Carr who achieved Gold in the 100m Butterfly and 5th in 50m Freestyle (16yrs)
- Ali Gazal who gained 8th place in 100m Butterfly (16yrs)
- The Girls 13-16 4x100 Freestyle team of Ali Gazal, Georgia Strain and Rhiannon Carr, who finished in 5th place
- KRB Aquatics achieved 15th place

New Students and Staff

We welcome a number of new, experienced and committed staff to KRB who bring great skills and gifts to the KRB community.

We also welcomed a number of students to the School from many areas of Sydney and regional NSW including Warren, Wagga Wagga, Young and Moree. We also welcomed international students from Hong Kong, China, Singapore, United Kingdom, Macau and Kenya. I was pleased to meet many of our new boarders and their families at the Welcome Barbecue on Wednesday 27 January. This event also introduced the new Year 7 boarders to their city family “buddies”, making the transition to boarding at KRB an easier experience.

Campus Developments

There has been a lot of construction and maintenance activity on the Campus over the holiday period including:

- Painting of the ceiling and walls up the main entrance staircase
- Laying of new stonework and marble at the Performing Art’s Centre entrance
- Refurbishment and cleaning of the Belfry and sandstone
- Installation of the new kitchen
- Installation of new Dining Room floor
- Installation of new furniture in Boarding in Woodward House
- Full replacement of slate on the North wing terrace roof and repairs to dormer windows
- Reorganisation and painting of the Junior Campus Library – now servicing ELC to Year 3
- Painting of main outdoor corridor, playground and other sections of the Junior campus
- Installation of new colourful furniture throughout the Junior campus

Our HSC Achievements

There were many significant individual achievements in the HSC results from the Class of 2015. Many of the students who attained excellent results held positions of responsibility as leaders across a variety of areas, and were also highly involved in the life of the School.

Some of the highlights of the Class of 2015’s achievements were:

- Frances Ryan achieved an ATAR of 99.85 and third place in NSW for Economics. Frances was also a State All-Round Achiever. She is KRB Dux of the Class of 2015 and will receive the Distinction in Studies Award at the upcoming High Achievers’ Ceremony on Friday 26 February
- Monica Jones achieved an ATAR of 98.60 and was awarded fourth place in the State for Chinese Continuers
- Laura Wotherspoon achieved an ATAR of 98.20 and was our top ranking Boarding student.
- Francesca Daniel and Sophia Grady’s major works in HSC Drama were nominated for OnStage and Sophia’s work was selected for inclusion
- Sophie Kondilios, Stephanie Dammann, Congcong Wu and Bijanka Bacic’s bodies of works in HSC Visual Arts were nominated for ArtExpress. Stephanie’s body of work has been selected for exhibition
- KRB ranked 14th in the state for English, which is the only compulsory subject for the HSC
- KRB achieved 134 mentions on the Distinguished Achievers list
- KRB was ranked 45th in the State, based on the number of Distinguished Achievers

We are still waiting for confirmation of what our students from last year will be studying but the majority have obtained places in their first choice tertiary courses.

Connecting with Our Community

It was good to meet a number of families in the first week at the Boarders’ Welcome Barbecue last Wednesday and at the Mass and Morning Tea for parents on Thursday 28 January. I also welcomed Kindergarten to Year 2 parents last Wednesday evening, sharing our strategic vision for the year.

I look forward to speaking to all parents and students at the upcoming School Information Evenings. The Year 11 Evening will be held next week on Tuesday 9 February then Years 3-6 and Years 7-10 Evening on Monday 15 February. These sessions outline our vision for 2016 and our expectations for students for the academic year ahead. They are important sessions for both students and parents.

I look forward to great learning from our students and great teaching from our Staff and another wonderful year at KRB.

I would like to wish everyone a Happy Chinese New Year- Gong Xi Fa Cai.

With Regards

Hilary Johnston-Croke
Principal
Senior Campus

- Cassandra Aitken, Head of Science: Cassandra joins us from Ravenswood where she has been teaching Chemistry. In addition to being Science Gifted and Talented Coordinator for 4 years, her experience includes Biology teaching and Boarding at St Joseph’s College Hunters Hill. Cassandra has a Masters in Educational Leadership & Management, a Graduate Diploma in Education, and a Bachelor of Science.

- Stella O’Toole, Head of Technology: Stella joins us from St Vincent’s College Potts Point where she has been Senior TAS Teacher and Head of House for three years. She has a Masters in Textile Design, a Postgraduate Certificate in Education (Design Technology) and a BA (Hons) in Home Economics. This is a new role for KRB, and Stella will bring a wealth of experience to it.

- Gemma Avon, Mathematics Teacher: Gemma returns to Mathematics at KRB. Gemma taught in 2014 from terms 2 to 4. She has a Bachelor of Education, Diploma of Teaching, and a Masters in Management.

- Linda Chui, Science Teacher: Linda joins us from La Salle Catholic College, where she has taught for the past three years. She has also worked at Trinity Catholic and Bethany Colleges. Linda has a Bachelor of Science (Hons), a Bachelor of Education, and is fluent in Mandarin and Cantonese.

- Brei Dwyer, History Teacher: Brei joins us from Albion Park High School where she has been teaching for 3 years. She has a Bachelor of Secondary Teaching / Bachelor of Arts (Hons), and is currently undertaking a Master of Education. Brei is also a member of the NSW History Teachers Association.

- Alex McAuliffe, Mathematics Teacher: Alexandra has a Bachelor of Science in Applied Mathematics, and is currently completing a Master of Teaching at UNSW with a double major in Mathematics and Extension Mathematics. She was also the UNSW Representative for STEM Teacher Education Students.

- Daisy Stanford, English Teacher: Daisy joins us from Pymble Ladies College where she taught English for 7 years. In addition to her active involvement in Theatre Sports with Improv Australia she has a Diploma in Education, and a Bachelor of Arts in English & Performance Studies.

- Nicole Usher, Visual Arts and Religious Education Teacher: Nicole joins us from Gilroy Catholic College where she taught Visual Arts, Photography /Digital Media, and Religious Education. She will shortly complete a Master of Ed, and has a B Teaching / Arts. She is also a member of the Visual Arts & Design Educators Association.

- Ellen McFarlane, Religious Education and Studies of Religion Teacher: Ellen joins us from St Paul’s Catholic College Manly, and was at St Leo’s Catholic College in Wahroonga prior to this. She is also a Drama Teacher, Debating Coach and qualified adjudicator. Ellen has a Master of Theology and a Bachelor of Arts/ Bachelor of Education.

- Lynette Ovens, English as a Second Language (ESL) Teacher: Lynette taught ESL at the English Schools Foundation, Hong Kong for over 10 years. Prior to this she was an English Teacher at Illawarra Grammar School, and Patrickin Brothers, Fairfield. She has a Master of Arts in TESOL, a Grad Dip in TESOL and a Diploma of Teaching.

- Nancy Chu, Learning Support Assistant: Nancy will join our Student Learning Services team as Learning Support Assistant. Currently studying to be a teacher herself, she has experience with junior and senior students across a range of learning needs in schools including Ascham, St Catherine’s Waverley and Scots College.

Junior Campus

- Anna Foschini, ELC Co-Educator: Anna joins us from Paddington Church of Christ Kindergarten where she has been for 10 years. She holds numerous childcare qualifications including an Advanced Diploma of Children’s Services and Certified Supervisor Certificate.

- Ashley Hanna, Junior School Teacher: With a combined love of education and music, Ashley has been teaching Year 6 at Coogee Public School for the past two years. Prior to this he taught at St Mary’s Roman Catholic Primary School in London. He has a Bachelor of Music and a Bachelor of Education.

- Jessica Kerr, Junior School Teacher: Jessica joins us from St Aloysius where she has been teaching Year 5. Additionally Jessica has been teaching dance in the Lilyfield area, and will be able to contribute to KRB School productions. She has a Bachelor of Education (Primary) with a major in Religious Education.

- Sam Mott, Executive Release Teacher: Samantha is an experienced teacher with many years of teaching. This includes her role as Transition Coordinator at The Scots College for six years. She has a Bachelor of Education (Early Childhood).

- Sarah Murray, Junior School Teacher: Sarah joins us from St Francis of Assisi Paddington where she has been on their leadership team as Curriculum Coordinator. She has a Higher Diploma in Arts in Primary Education (Dublin), a Bachelor of Science, and is currently undertaking a Master of Religious Education.

- Emily Poore, ELC Teacher: Emily joins us from St Michael’s Grammar School in St Kilda, where she taught for 3 years. She has a B Ed (Primary), and a Diploma of Education in Early Childhood. Emily also attended the Reggio Emilia International Study Group Tour in 2015 and will offer these insights to our ELC based on these principles.

- Raymond Chapman, Junior School Teacher: Raymond returns to KRB to cover the maternity leave of another teacher. Originally from Australia, he has many years of UK teaching experience, and sound knowledge of evaluating curriculum development across Maths and ICT. Ray has a Bachelor of Education, a Bachelor of Teaching (Primary).

- Luke Duncan, Stage 3 Teacher: Luke has followed in the footsteps of his parents who are both teaching executives. He joins us from Christian Brothers High Lewisham where he has taught Stage 3 since 2008. Prior to this he taught Stage 3 in London. Luke has a Bachelor of Primary Education.

Operational & Support Staff

- Nikki Clark, Multimedia Designer: – Nikki recently worked as Senior Designer at the Hoyts Group and has a Diploma of Graphic Design.

- Ivan Lisyak, IT Support Officer: – Ivan has more than seven years of experience in providing support for AV, Mac, Windows and Multimedia software. This includes roles at the University of Technology, Intercall Conferencing and the Biennale of Sydney. Ivan has a Bachelor of Electronic Arts from the University of Western Sydney.

- Emily Fisher, Staff Support Officer: Emily will be working in the Junior and Senior and ELC and supporting HODs and Year Coordinators.
First Weeks at the JOIGNY CENTRE

It has been a hive of activity at the Joigny Centre the past couple of weeks with lots of new families, old families and friends all coming together. The children have settled really well and are all busy exploring, investigating and sharing their unique ideas and theories about everything from love to the moon and the sound sea shells make. The children have visited Wild Time or ‘wild life’ as one child called it and made discoveries which have led to questions and queries. We are all looking forward to a wonderful year.

Sophie’s Cottage

The children have all started at Sophie’s Cottage and are busy engaging with their beautiful new surroundings. They are starting to explore the “Beach and their Identity” and creating links between their home and school experiences. As the littlest members of our school community, they are however in no way small but rather filled with gigantic ideas, bubbling enthusiasm and enormous potential and capabilities, which the educators are all eager to let loose. It is sure to be an amazing year for the children in Sophie’s Cottage.

Year 3 Religious Education

As part of their Religious Education program the boys and girls in Year 3 recently made the short trip to one of the most sacred sites at Kincoppal-Rose Bay, The Grotto. The Grotto is located between the Junior and Senior school campuses and was the site from which sandstone was quarried to build the college chapel last century. The teachers gave an insight as to its significance and the students enjoyed learning about this rather unknown aspect of the history of KRB. The children dedicated their morning prayer to the statue of Our Lady, which is located there and through their visits to the sacred sites around the school will continue to develop their understanding of what it means to be a member of the Sacred Heart Community.

Year 5 Learning Space

Year 5 have had an inspiring and stimulating beginning to the school year in the newly refurbished Year 5 learning space. The environment includes larger learning spaces, new furniture and areas where flexible learning can occur in small or large groups. Students themselves have loved their start to the year.

“The new Year 5 area is a very well equipped learning environment. Every piece of furniture is comfy and all the tables are easy to work on. I love it and want to use it as much as I can.”

Myfanwy Hill-Caulfield.

“I think the year 5 learning space is excellent because it has lots of space which is great as we have heaps of room to study. I think this space is very comfortable”. Chiara Cotroneo

Year 6 Learning Space

The Year 6 Learning Space has also had a wonderful refurbishment and received a delivery of new and exciting furniture, includes bright new chairs, tables of various heights and modular furniture to allow for collaborative learning and teaching opportunities.

The children and staff have been making use of these great new resources and enjoyed the opportunity to work together. Year 6 students have been heard saying: ‘It’s colourful and the most awesome classroom’, ‘I like the different heights and that the furniture is colourful!’ and ‘We can fit everyone together!’

SOPHIE’S COTTAGE

YEAR 3 IN THE GROTTO

YEAR 5 & 6 LEARNING SPACES

YEAR 5 & 6 LEARNING SPACES
Year 7 Back to School

Bianca Meli, Year 7

Last Thursday the first term of school commenced for 2016. This was a very exciting time for everyone, but it was especially exciting for the Year Seven students, for it was the beginning of their high school education. A new school meant a new campus, new teachers, new subjects and lots of new friends! Though many of the Year Seven students were nervous, they were also eager to catch up with all their friends and begin working. The first day of school consisted of many introductions, a lot of setting up and explaining, and a number of lost students asking for directions. We all excitedly accepted our locker keys and laptops, as well as all the responsibility that came with them. By the second day everybody was ready to dive right into their new lessons and began exploring the new topics presented to them. I think everyone was happy when the weekend came, giving them time to process all of the new information and prepare any supplies they had forgotten. Though the concept of high school may seem scary to some, the Year Seven students of 2016 are settling in wonderfully to high school life at KRB.

Year 8 Back to School

Year 8 have had a great start to the 2016 school year. We have had seven new students join our KRB family and it has been wonderful to see how warmly they have been welcomed by their peers. Trying something new is the focus for Year 8. On Wednesday the girls set themselves goals for the year ahead focusing on personal growth and stepping outside off their comfort zones. In pastoral groups they developed strategies to help them achieve these ambitions and we look forward to sharing their triumphs and successes throughout the term.

New Software Course at KRB

It is no secret that there is a big gender gap in the Information Technology (IT) industry. Most reports suggest that women only make up around one quarter of the IT workforce. Only 30% of Google’s employees are female, while only around 1 in 10 of Twitter’s employees are female. It goes without saying that these Internet giants are highly successful in what they do, but with these sorts of numbers in mind, it begs the question of how much more successful they could be if the gender gap was closed.

KRB students always enter a diverse range of fields upon completion of the Higher School Certificate. We are particularly keen to see more young women enter and contribute to STEAM (the areas of Science, Technology, Engineering, Arts and Mathematics). In 2016, we are delighted to be able to offer and run the Board developed course Information & Software Technology (IST) as an elective for our Year 10 students. This course will provide an exciting opportunity for students to learn Programming skills, with a particular focus on Web Development. This hands-on course will also enhance students’ mathematical thinking, problem-solving skills and critical thinking as they write code to build software solutions. The theory component of the course will explore current issues in the IT industry, emerging technologies, the software development cycle, data and networking.

Year 10 student Lucy Roberts-Lovell said she chose to study IST because “technology is extremely important in our society and a lot of the future industry growth will be in tech-related careers. Being able to code and understand the technology is, I feel, a vital skill in today’s tech-oriented society.”

It is a great privilege to be into my sixth year of teaching in girls’ education. The creativity, thinking and initiative I have witnessed have been limitless and truly inspiring. KRB girls are prepared to question and challenge, and as a school we need to provide them with opportunities to challenge the ‘norms’ of the IT industry. We need these minds inspiring the world’s future technologies and leading the way in innovation. The addition of the new elective Information & Software Technology course for Year 10 is just one stepping stone to encouraging our girls to do just this.

Matt Ashton
Studies of Religion & Computing Studies teacher
2015 ICAS Medal Winners
The International Competitions and Assessments for Schools (ICAS) is an independent, skills-based assessment program which recognises and rewards student achievement. ICAS is generally available for primary and secondary school students and comprises assessments in Digital Technologies, English, Mathematics, Science, Spelling and Writing.

At the end of 2015, two Year 8 students from Kincoppal-Rose Bay, Zoe Davidson and Bella Lamaro, attended the UNSW presentation ceremony and were awarded medals for their outstanding achievements in the ICAS English Test. Students with the top score in each subject in each year level are awarded a medal and a medal winner’s certificate. This year over 980,000 entries were received but only 514 students from Australia and 100 students from New Zealand and the Pacific Region were awarded medals for their outstanding achievement. Zoe and Bella were two of only 19 Year 8 students from across Australia (and of 6 from NSW) to be awarded a Medal for ICAS English.

Congratulations to Zoe and Bella on attaining this prestigious award. We are very proud of them.

Years 9-12 Study Skills
This week Prue Salter from Enhanced Learning Educational Services (www.enhanced-learning.net) ran a study skills session with Years 9-12. The Year 9 session focused on identifying learning styles, and whether students were a visual, auditory or kinaesthetic learner (or perhaps a combination of these) and what did this mean for the study techniques they used. You may like to ask your daughter what her learning style is! Year 9 also completed a checklist of their general study skills in terms of their approach to time management and organisation. The main area covered for Year 10 was the importance of using the next six months as a training period to prepare for senior studies. Students need to learn how to work effectively at home, manage distractions, make brain-friendly study notes and work out which study techniques work best for them. Year 10 students should also complete the self-evaluation quiz at the back of their handout which will give them an indication of how ready they are for senior studies and what areas they need to work on. The main areas covered with Year 11 were setting up an effective home study environment, managing resources for school, both paper and digital, working effectively at home and dealing with distractions, using the diary as a planning tool, making brain-friendly study notes and using a wide variety of active study techniques. Year 12 looked at advanced research about the brain and how that could be used to make their study more effective. The focus on the session was looking ahead to the next set of examinations and how students can ensure they are well-prepared. Steps to make effective study notes were highlighted and students also examined the study techniques they traditionally used, exploring new techniques they could try. Parents are encouraged to review the handout from the session with students and discuss the main areas identified where changes need to be made. Parents can also find extra study skills tips on the following website: http://studyskillstopstpparents.com/. All secondary students at our school also have access to a great study skills website to help students develop their skills. Go to www.studyskillshandbook.com.au and enter the username: forkincoppalonly and the password: 110results and start improving your results today!
Year 10 Day of Hope

Year 10 students attended a motivational seminar with Glen Gerreyn called ‘Day of Hope’ in the Year 10 Assembly Hall on Wednesday 3rd February. Glen Gerreyn is an inspiration and motivational speaker who has a strong passion for leadership and healthy working environments. Glen shared his personal journey of becoming successful at what he loves and reinforced the idea that we can do anything if we really commit to it, and that hard work will always beat talent. The seminar involved a lot of self-reflection and setting our own goals, which enabled us to understand ourselves, our dreams and the future.

One of our favourite quotes from the session would have had to have been one from the Silicon Valley: “Fail early, fail often, fail forward.” This really helped to change the way we saw something we always thought of as negative.

Overall, we are so grateful for the opportunity to hear Glen’s story and his advice and strategies to maintaining hope even through tough times, and how to succeed with whatever our visions are.

Claudia Hopkins and Ruby Green

On Wednesday 3rd February, Year 10 attended the Day of Hope with Glen Gerreyn. Going into the day we were told minimal information about him and, if we are honest, we did not expect much. Leaving the seminar we left knowing that within each one of us is a tiny seed, which, if we nurture, water and weed it through the seasons, will become something amazing. Glen gripped the entire year with his enthusiasm, stories and jokes.

My favourite message was ‘what you don’t use, you lose’. Glen’s message will stay with us for a long time.

Georgia Strain

My highlight of the day was hearing about inspirational Glen Gerreyn’s story. His journey to becoming successful at what he loves taught me that hard work and a big heart can do amazing things.

Another one of my favourite moments was when we had to write out our goals; I loved hearing from other classmates. It brought the year group together and I learned a lot about my fellow peers’ goals.

Georgia Coleman

I really enjoyed Day of Hope because it reinforced the idea that we can do anything if we really commit to it, and that hard work will always beat talent. The seminar involved a lot of self-reflection and setting our own goals, which enabled us to understand ourselves better.

Lucy Roberts-Lovell

Global Connections

Antipodeans Abroad in India

From 6 to 24 December, a team of eight Year 10 students travelled through India on their Antipodeans Abroad adventure, accompanied by Antipodean Team Leader Tim, and KRB staff, Mr Marshall and Miss Mulholland. Our expedition took us to some amazingly diverse places including Delhi, Agra, Rangbull, the Singalilla Ridge, Darjeeling and Kolkata. Highlights included visiting a Sikh temple, the Taj Mahal, a Buddhist Monastery, seeing Mountains Kanchenjunga and Everest, Mother House and the Victoria Monument. Following is an account of the trip written by team member Lily Fuller.

“India was truly an experience of a lifetime and all the girls who went on the trip with me would agree they would go back any day. It was exciting and fun but at the same time you had to concentrate and be careful, watching out for one another - making sure you didn’t get run over by speeding rickshaws which looked like enormous car versions of “Despicable Me’s” minions. We had to become more spatially aware of the bustle of Delhi and Kolkata, we had to master our bartering skills pretty quickly, and most importantly, we had to stick together. I think one of the best things about going on this trip was not only being in a foreign country, but being with a group of girls you knew you could rely on and trust. That was the best thing; seeing all the amazing sites, going on the trek, working in the Rinzing Sherab Choeling Monastery, but doing all these things with an amazing bunch of girls. Going on this trip is not the same as going on holidays with your family, you don’t have the independence to choose what you want to do, or to lead the group and navigate your own way around the cities. You were essentially in charge of your expedition. Not only did we lead, but also we all learnt a lot about Buddhism while at the monastery, and we felt extremely included into the tight-knit community of Rangbull. They put
on a show for us one night, where the children from the village performed dance routines and sang Nepalese songs for us. There were some of the most charming and inclusive children you will ever meet. They all wanted a hug and eight hundred photos with you! In fact, everywhere we went, we seemed to be a spectacle, and it was the equivalent of being a celebrity! Everyone wanted a photo with us. In the streets, in museums or at attractions, in restaurants. We thought we were going to have to start charging! I think the hardest part was the second day of trekking, when we had to climb a never-ending hill. We were all tired, but it was worth it when the next morning we got up at 4:30am to walk outside and see Everest and Kanchenjunga at sunrise. It was absolutely spectacular and not to be missed.

India is not a place you could ever forget. One minute you could be smelling sewerage and the next, a delicious curry being concocted in a little food stall on the side of the road. The people, the culture, the attitude towards life, was all so different to Sydney. The lessons and things you learn in India will stick with you even after you leave, and it’s absolutely spectacular and not to be missed.

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Mother Teresa said, “I alone cannot change the world, but I can cast a stone across the waters to create many ripples.” This experience to India has certainly created ripples, not only in the lives of those we were lucky enough to meet but also within the girls’ hearts and minds.

**Student Exchange**

**Harriet Robertson, Year 11 – Convent of the Sacred Heart, Greenwich, Connecticut**

My whole exchange experience will always be an unforgettable privilege, that I am so thankful to have taken apart of. The staff and girls at Convent of the Sacred Heart were tremendously welcoming making me feel right at home within the first couple of days. I believe the aspect of the exchange program that is so beneficial is how you are truly being engrossed within the life of the school, I was able to take part on the junior’s Kairos retreat which really enabled myself to connect with the girls at CHS immediately. I have made some really great friends, and was able to make these connections on an international level. I think personally that the exchange program is a brilliant attribute to KRB and I am thoroughly grateful that I was able to have this International Sacred Heart experience.

**Shuyuan Guan, Year 11 – Obayashi Sacred Heart School, Osaka, Japan**

I went to Japan last December for two weeks. It was a wonderful and special trip because I had never travelled for school like that. During those two colorful weeks, Angel and I got to know lots of colourful and cute Japanese girls from school and another two girls who came from Melbourne. They helped us a lot and treated us nicely and were very friendly. I went to so many places in Osaka, what I most enjoyed was when we went to USJ which is the largest amusement park in Japan. That day was so fun and I think I will never ever forget it. I wish if I could visit there again!

**Angel Shouqi Zhao, Year 11 – Obayashi Sacred Heart School, Osaka, Japan**

My two week exchange to Osaka was probably the most special experience of my life. To my surprise it didn’t take long at all for me to feel at home, the family I was so lucky to stay with were the most beautiful people whom really welcomed me and accepted me into their family. There I was able to experience for the first time a full immersion into Japanese school life. I rode the bike to school, took the trains, attended Japanese classes, ate the most delicious meals, and most of all made some amazing friends and with that have some unforgettable memories.

**Maddie Litchfield, Year 11 – Convent of the Sacred Heart, Greenwich, Connecticut**

I went to Greenwich, Connecticut during the December holidays last year to stay with my exchange Maggie Davis and her family for three weeks. During these three weeks, just some of the things I experienced were going into New York City, going up the Empire State Building, trying every Starbucks on every corner in New York City, walking around Times Square, seeing the Rockettler Christmas tree and ice rink, seeing the Rockettes at Radio City, experiencing the whole city in Christmas spirit, all the houses covered in Christmas lights from head to toe, going to a school where everyone is so welcoming like KRB, meeting other people who went to other schools in the area and making friends for a lifetime.
**SPORT**

**VIVA7’s Coaching Clinic (Year 5)**

On Monday, 1 February two teams (one boy and one girl) of 8 to 9 Year 5 students were chosen to represent KRB at a coaching clinic for a new and exciting brand of rugby, VIVA7’s. The VIVA 7’s is a non-contact rugby game designed for all ages of boys and girls to play as a fun and fitness activity, with an off season training session, an introductory point for new players to rugby and a social activity to play with friends as well as meeting new people. The clinic was held at Lyne Park and gave the boys and girls a great opportunity to learn and develop skills that can be used in a variety of team sports. The students all enjoyed the experience.

**BOARDERS**

**Boarders’ Welcome BBQ**

The Boarding Welcome BBQ provides a wonderful opportunity for new and current international, country, interstate and local boarding families to get together. There is occasion to meet with boarding staff, including Heads of House and supervisory staff, Health Care Centre staff, day school Year Co-ordinators, members of the Leadership Team and rscj sisters who live with us at Kincoppal-Rose Bay. The occasion also affords girls a chance to settle into boarding in the company of their families, after the long Christmas break, and for new families to feel the spirit and love that is palpable in the boarding community.

This year many families took advantage of the warm weather, the fine food provided by the catering staff and the ambience of a summer’s night on our Harbour Terrace to acquaint and reacquaint themselves with various members of our very large community. Principal, Mrs Hilary Johnston-Croke, warmly welcomed all those who attended and highlighted the significance of the Sacred Heart Goals that underpin boarding at Kincoppal-Rose Bay, paying particular attention to the focus goal for 2016: Personal Growth in an Atmosphere of Wise Freedom.
Opening Mass

On Tuesday 1 February, the school community gathered in the MTC to celebrate the start of the School Year. The theme of the Mass was ‘To grow as a school community’ since the focus Goal for 2016 is ‘Personal Growth in an atmosphere of wise freedom.’ The celebrant for the Mass was Father Phillip Miscamble ofm from the Paddington parish. Both the choir and the orchestra added beauty to the singing. The students of Barat Burn sang a special song for thanksgiving after which the school stood and said the Prayer of Saint Madeleine Sophie Barat. It was a very prayerful way to commence the school year.

Welcome back to a new year at KRB. We hope it is a wonderful year for your daughters and sons and one in which they will benefit from all the opportunities available at KRB.

The Development Office is situated in the Senior School upstairs in Claremont. Please don’t hesitate to contact us if we can assist you with questions about class/community/school events that are coming up or if you are uncertain as to the person you need to speak to and would like to be pointed in the right direction!

We will be also organising a number of events during this year including:

1. KRB Rugby Lunch – Friday 5 August
   Four Seasons Hotel George St Sydney
2. A number of events for mothers, fathers and grandparents.
3. Principal’s Dinners, hosted by the Principal for all new families to KRB

All details of these are included in the calendar which you would have received in December. Invitations for all events will also be included on the KRB Portal. Most of our invitations will be sent to you via the I Telegraph system.

We also work to raise funds for capital developments. As many of our families would be aware, the Maureen Tudehope Centre, completed in 2011, is a result of the wonderful generosity and support of our families and past students and parents. We are now making contact with families to gain financial support for the Junior School Masterplan and the Year 12 Learning Hub. We will be focusing on fundraising for both of these projects in 2016. For the School to be able to improve its facilities, we need to fundraise as we receive no government support for capital works.

As well, we have received much assistance in donations for the KRB Bursary Fund, set up to provide financial support to families who would like their children to have a Sacred Heart education but who are in financial need. Bursaries are different from scholarships in that they:

- Are means tested
- Are given to students whose families are in financial need
- Are not dependent on the student being outstanding in any area – eg academic
- Are offered to students for all the above reasons and on congruence of values with the School
- Currently we have over 50 students in the Senior School on partial bursaries. This adds a rich diversity in our Senior School.

We are delighted that the first student to be offered the Sister Philomene Tiernan rsj Boarding Bursary is enrolled as a Year 11 student this year. We have had a wonderful response to the Appeal for this Bursary and are still seeking donations towards this very important project. The bursary will offer a senior school student full boarding fees during the time she is at KRB. We hope through further donations, to increase this to a bursary for full boarding and tuition.

If you would like to find out any details about ways to offer your support, please don’t hesitate to contact me.

I look forward to meeting many of our new and current parents throughout this year.

Mary Cook
Director of Development
9388 6024
cookm@krb.nsw.edu.au
BEGINNERS SPEECHCRAFT COURSE

What is Speechcraft?

Speechcraft is a seven-session beginners program to develop your communication and public speaking abilities. It is not done in a classroom, and you do not receive a grade.

Experienced Toastmasters present the fundamentals in the relaxed, enjoyable atmosphere of a Toastmasters Club. Through participation you will become an experienced and poised speaker.

In eight sessions, you may not get rid of the butterflies in your stomach, but you will have them flying in formation.

How will it help me?

Speechcraft will help you communicate more effectively at home and at work.

Speechcraft will improve your performance in:

- Meeting the public
- Conducting meetings
- Motivating people
- Interviewing for jobs
- Selling ideas or products
- Negotiating with family
- Solving problems

The next Speechcraft Course run by Kincoppal Rose Bay Toastmasters will commence on Wednesday 17 February 2016.

Where
2nd Floor, Main Building
Kincoppal-Rose Bay School
New South Head Road, Rose Bay

When
10-00am – 12.00pm Wednesday 17th February – 30th March 2016

Cost
$145.00 which covers instruction manuals, printed materials and morning teas.

If you are interested in attending the course, please complete the form below and post as soon as possible, with your cheque (made payable to Kincoppal-Rose Bay Toastmasters), to:

Elizabeth Alderson
28 Ida Avenue, Mosman 2088

Or by EFT
Kincoppal-Rose Bay Toastmasters
BSB: 082187
A/C: 468179077
$145.00

For any enquiries please contact Elizabeth on:
Email: lizalderson@hotmail.com (Please include Speechcraft in the title)
0429443143

Dear Parent/Guardian,

Each year, NSW Ministry of Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the School Vaccination Program.

In 2016 the following vaccines will be offered free:

- **Year 7 Students**
  - Varicella (chicken pox) vaccine for those who have not previously received chicken pox vaccine or had chicken pox disease - one dose only needed.
  - Human Papillomavirus (HPV) vaccine - 3 doses over 3 visits needed.
  - Diphtheria, Tetanus and Whooping cough vaccine. This is a routine adolescent booster for all Students - one dose only needed.

All 3 vaccines offered are on the one consent card. You will need to ensure you sign consent for each vaccine you request in the appropriate box provided, or the nurses will not be able to complete the vaccination for your child.

Please note that parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) and the Indigenous Status section on the consent form.

Parent Information Kits / Consent cards have been sent home to parents/guardians. To consent to the vaccination of child, you are advised to read all the information provided, complete the consent form in blue or black pen ensuring all areas are filled out and return it to your child’s school.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal. The procedure for withdrawal of consent can be obtained from the school and is also available on the NSW Health website at http://www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx.

A record of vaccination will be given to your child to take home for each dose of vaccine they are given. Please keep these records in a safe place as your child will need them as a record of vaccination for future employment, travel and work experience. It is also recommended that you inform your local doctor that the vaccines have been given so they can update their patient records.

Some translated material for parent/guardians is available on the NSW Health website at http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx you may wish to distribute or guide parents/guardians to this information but only the English version can be filled out and used.

To improve vaccine course completion, students will be offered any missed doses throughout the year at any of the scheduled clinics at school.

Please note that free vaccination is only offered to the above year group. Vaccination outside these year groups will not be offered at school and will not be free at the GP.

Yours sincerely,
School Immunisation Team