Dear Parents, Students and Staff,

HSC High Achiever’s Ceremony

Last Friday, 3 March, parents, students from Years 5 to 12 and staff gathered to celebrate and honour the achievements of the KRB Class of 2016. Our students from the Class of 2016 undertook many challenges throughout their years at KRB and used every opportunity inside and outside the classroom to participate in all areas of school life.

At the Ceremony, Megan Fitzgerald, Harriet Beavis, Michela Castiglia and Yuheng Liang gave some advice about how best to approach the HSC and told us their plans for the future.

Megan who achieved the highest possible ATAR, 99.85, said “It’s about the little steps you do along the way. An extra practice essay or scouring the newspaper for an economics article will all add up. Consistent hard work is the safest bet in terms of achieving academically.” She also stressed the importance of getting involved in other activities within the School as these provide balance. Megan encouraged students to get involved in Sport, Music and social activities.

Megan also emphasised the importance of a positive mindset, “Don’t count yourself out from success. Every essay you hand in, exam you sit, or speech you read starts as a blank slate. Everyone in your class is equal and everyone has the opportunity to do well. So don’t exclude yourself”.

Megan is studying combined Arts/Law at Sydney University.

Michela Castiglia spoke of the importance of working as a cohort. She said, “Fostering a sense of cohesion is key. Think of it as a collective effort.” Michela is studying Law/International Studies at the University of NSW.

Jade Liang, a boarder from China encouraged students to do subjects that they really like. She said she fell in love with Visual Arts and that it gave her more energy to focus on her other subjects.

Jade is studying Advanced Science and Engineering at the University of NSW.

The students from the Class of 2016 are great role models for our current students. Their main message was, “a little effort every day adds up to big results.”

International Women’s Day
#Beboldforchange

The School celebrated International Women’s Day on Wednesday 8 March with the theme, #Beboldforchange. We acknowledged the continued efforts by many women in our community and throughout the world who are striving to achieve change. The Student Leadership Committee prepared a special Assembly for the day. As part of the Opening Prayer, Isabella Monardo, Head of Liturgy asked the student body to be bold and seek equality for themselves and other women by supporting each other. Two former students, Olivia Warren, Class of 2006 and Marnie Flanagan, Class of 1991 inspired students with their bold approach to creating successful careers and businesses. Having past students talk about their own experiences in the workplace highlights the fantastic springboard Kincoppal-Rose Bay gives students.
FROM THE PRINCIPAL

Olivia started her career as a Media Assistant at MindShore and after 6 months was promoted to Executive and within the year had won MindShore’s Rising Star Award.

Three years later Olivia was promoted to Manager, leading the Ben & Jerry’s Open Air Cinema campaign which was nominated for a Festival of Media Award and received praise from the global Ben & Jerry’s brand team. She excelled in this role and loved the product she was working for.

Olivia then took the bold step and followed her dream to create and run her own business. The result was Skydorks, an experiential agency that in just 19 months had grown to total revenue of $3.5 million. After 2 successful years, she was approached to head up the Brand Experiences team at Ensemble.

Marnie has a passion for marketing and adventure with over 20 years’ experience in blue chip companies including Mars, Unilever and Fonterra.

Marnie’s significant career highlights have been creating John West Tuna Tempters, ‘Mainland Cheese – Good Things Take Time’, ‘Dogs go whacko for Schmackos’, ‘Bega is famous for Bega’ amongst others.

For the past 5 years Marnie has been working at her own business, Naturally W5G, an all Australian Outback Meats company which is stocked in Coles and Woolworths and other selected stores.

She won Australian Small Business of the Year 2015 and is currently extending the business into the USA.

It is really inspiring for our students to hear from our KRB community. They are great role models for making a difference in the world.

135 Year Anniversary Celebrations

Our celebrations have commenced with each student from K-12 being presented with a KRB 135 Year Anniversary badge.

The students have taken great pride in receiving their badge and have told me how excited and passionate they are about this year of celebration.

In the Junior School, students were asked to capture what a Sacred Heart Education means to them. The words were collated and transformed into a heart that captures the true essence and spirit of Sacred Heart education.

Student Achievements

Year 9 student Eloise North has had a photo selected as one of 11 in the context of a digital environment means ‘hacking.’ This photo captures the dangers of online activity and how anybody can access your profile. The dark light bordering the photo represents the faceless people who are lurking in the background and will go to any extent to steal your identity. Most people presume that they are anonymous and immune from an online attack, however anything put online is public and can be accessed.”

Community Events

It was wonderful to welcome over 300 of our parents and members of staff to the P&F Welcome Cocktail Party, held on 25 February. Many new parents attended, along with a number of boarding parents. I thank P&F President, Steve Caulfield and the P&F Executive for organising the event.

With Regards
Hilary Johnston-Croke
Principal
STUDENTS IN ACTION

INTERNATIONAL WOMEN’S DAY
Olivia Warren, Class of 2006 and Marnie Flanagan, Class of 1991, inspired students on International Women’s Day at KRB with their bold approach to creating successful careers and businesses.

STAGE 3 SCIENCE
Students in Stage 3 have begun their Science lessons with much enthusiasm and have enjoyed working in the laboratories in the Senior School and “in the field” on the MTC. Year 5 have been introduced to the Senior School Science laboratories this term and have been enthusiastically learning about the scientific process through investigating light and shadow. The students are working on creating hypotheses and testing these through hands-on activities. In Week 4 they went to the Fernon Family Fields where they worked in teams to form words such as KRB and Kincoppal with shadows made by their bodies.

Year 6 have been using the ‘Let’s Celebrate’ theme to investigate the properties of solids, liquids and gases. Through hands-on investigations such as reviewing recipes of hot cross buns, Year 6 have looked at how dough rises because of yeast and seen how science is present in their everyday lives. Year 6 have also had their bunsen burner licenses reissued and have investigated reversible and irreversible through practical activities such as evaporating salt dissolved in water and melting candles with a bunsen burner and freezing them at room temperature.

Olivia Warren, Class of 2006 and Marnie Flanagan, Class of 1991, inspired students on International Women’s Day at KRB with their bold approach to creating successful careers and businesses.

HAPPY INTERNATIONAL WOMEN’S DAY
Students in Year 5 and 6 travelled to the Coolendel camping grounds on the banks of the Shoalhaven River for their camp run by the outdoor education company, Optimum Experience. The focus of the camp was to develop friendships and the ability to work as a team as well as build on and consolidate the outdoor education skills they have acquired since Year 2. Students were invited to meet a variety of challenges whilst working together as a member of a group and achieve their personal best.

The camps began with an early morning bus trip to the camping grounds at Coolendel via Kiama. Upon arrival there was the induction process where the students were shown the tents that they were to call “home” for the next three days. The tents housed two or three students and contained minimal basic comforts. They were also assigned to a colour tribe, met their tribal instructor/leader and issued with a coloured bandana. The bandanas; red, blue, green or yellow; were used to signify membership of their “tribe” as well as the commitment they made to each other and to the camp leaders.

During the camp activities, Year 5 students managed to conquer:
- The flying fox
- Rock climbing
- Canoeing on the Shoalhaven River
- The crate building challenge and the caving ladder
- Archery

Year 6 students were challenged and engaged by:
- The flying fox
- Abseiling
- Rock climbing
- Canoeing on the Shoalhaven River
- Rogaine - compass work with walkie talkies
- The Koori experience - Aboriginal guest speaker with boomerang throwing and ochre painting

The three days spent away from home were action packed as the students participated in a variety of challenging activities. One of the points of difference from earlier camps was the use of dilly bags where the students had to bring their own eating utensils such as knife, fork, spoon, cup, plate and bowl. They were also required to wash their own dishes in the communal water tubs.

Overall the students enjoyed their time and are eagerly anticipating next year’s camps where they will build on the skills that they have acquired and developed.
YEARS 5 & 7 GRANDPARENTS & SPECIAL VISITORS MORNING

On Tuesday 28 February, Year 5 and Year 7 students were delighted to have their grandparents visit the school and their classrooms. Students were excited to show their grandparents and special visitors the artworks they have created and give them a tour of their learning spaces. Many visitors commented on how classrooms and school work had changed since their time at school. After visiting the classrooms, the visitors were invited to a morning tea on the Harbour Terrace. The morning culminated with a Liturgy in the Chapel where the community prayed and reflected on the special gifts that each grandparent/special visitor bring to our lives.

“My grandparents really liked meeting other grandparents and particularly enjoyed the Liturgy.”

“My grandpa really liked the view from the classroom window!”

“The grandparents were also lucky enough to be entertained by the dolphins swimming and jumping in the harbour below the terrace when we had morning tea.”

WOOLLAHRA POETS’ PICNIC

This year our students performed alongside treasured poets such as John Tranter, Rachel Calleja and Geoffrey Lehman. The journey theme was widely interpreted as we were taken on nostalgic journeys into the past, to exotic locations and on journeys of wisdom and experience. Ruby interpreted journeys in a metaphysical way as she chose to read John Donne’s poem, ‘Hymn to My God in My Sickness’ where she reflected on Donne’s use of navigation imagery and maps to plot the journey into the next life. Olympia performed her own poem based on her recent travels throughout Chile where she rediscovered her roots. Her reflections on the sunset and how it reminded her of her home across the ocean had a real impact on the audience.

OLYMPIA’S POEM

Here, the longest millimetre away
Dust pulls dusty feet astray
Warm ice winds and fragile mountains
Grow like stone flowers, pillars, fountains
distant suns kiss friendly skin
Sand clings to hands of closest kin
Constellations etched upon a heart
That pull the stones closer apart
The stories she could not have heard
The wind translates so swiftly spurred
And strikes the songs under her feet
Until together as one they beat
And so, it leaves its ruby stain
Where night touched day around again
Bright messenger sees two together
A bird of prey, of sharp black feathers
Millions of miles and none at all
All the light of same source falls
Stretched hands holding over ocean
The very same water, familiar notion
The very same water to nourish her roots
Two distant trees that share their fruits
And then their fingers wrap a trail
So dusk can dawn overseas hail
In sunburned sand can black stone seep
In both those lands where roots run deep.
FLIP FLOP FRIDAY AND SHOES FOR SUDAN IN THE JUNIOR SCHOOL

Good shoes take you good places! And that was certainly the case last week in the Junior School. Year 6 students Hugo Levy, Tilly Waugh, Jemima Senes and Charlotte Laundy organised Flip Flop Friday to raise money for The Mary McKillop School for girls in Sudan and Shoes for Sudan Drive. The aim was to collect as many pairs of black school shoes as possible for St Joachim School in Lidcombe, The All African Centre in Blacktown and The St Vincent de Paul Society.

Flip Flop Friday raised $600 and over 200 pairs of shoes were collected. A fantastic start to Building Community as a Christian Value in the Junior School.

SWEET TOOTHED SCIENTISTS

This term, Year 3 is studying chocolate, its history, production and commercialisation. The properties, tastes and textures are explored and how to package and market the finished product is examined. This is proving to be a very popular field of study, particularly at the tasting stage. In “blind” tasting tests, the ability to differentiate different types of chocolate was investigated.

Here are some interesting reflections from Year 3 students on the origins of one of their favourite treats:

“I learnt that chocolate is made from a plant,” said Anita.

Clementine said, “Studying chocolate is good because it is yummy and you learn to make food.”

Zara was surprised to learn that chocolate, “started out as a flower” and Charlotte Woollard enthused, “I never knew that the cacao pods grow straight off the trunk of a tree.”

RELIGIOUS EDUCATION

Kindergarten students have been learning about key religious symbols and objects this term during Religious Education lessons. They are learning how to make the sign of the cross, “It is good to make the sign of the cross so God knows you want to talk to him” Harrison, Kindergarten White. The grotto was explored and students prayed before the statue of Our Lady. They then visited the Chapel and wondered at the beauty. “Wow I love the colours in the windows” declared Imogen B, Kindergarten Red. “The organ came from France” stated Jesse, Kindergarten White. The importance of prayer and time to pray was discussed, and then a special prayer was made to God.

ALL WEATHER WILD TIME

Wild Time this year will see us out and about in all types of weather so to make sure we stay dry and warm we road tested our ‘All Weather Suits’ this week. They were splash tested, mud tested, leech tested, bug tested and scratch tested! Keep an eye out for some great Wild Time shots in the rain and weather over the coming months. Wild Time builds resilience, a close understanding of and connection with nature and of course provides children with the freedom to challenge themselves, taking calculated risks and developing their own ‘natural’ identity.

“You don’t need to cook complicated or fancy masterpieces, just good food from fresh ingredients.” Julia
TEACHING & LEARNING

RECORD OF SCHOOL ACHIEVEMENT AWARDS

At the recent Senior School Assembly, we acknowledged the outstanding achievements of some of our Year 10 and Year 11 students in 2016 with respect to their Record of School Achievement or RoSa credentials. The Record of School Achievement or RoSa is a cumulative credential from BOSTES for students in Years 10 and 11.

The RoSa lists all mandatory and additional Stage 5 courses and, where applicable, Stage 6 courses completed by the student, along with the grade awarded. The RoSa credential also lists any courses commenced but not completed. The Board issues the formal RoSa credential to students who satisfy the eligibility requirements when they leave school.

Four different categories of award were presented:

Year 10 RoSa Award for attaining a Grade A in 4 or 5 of the mandatory Stage 5 courses (English, Mathematics, Science, History, Geography, PDHPE)

Year 11 RoSa Award for attaining a Grade A in 10 or 11 units of Preliminary courses:
- RoSA 10 or 11 Units Prelim
  - Geogoria Boonen
  - Sophie Bradley
  - Helena Brunner
  - Garner Hancock
  - Mia Mahony
  - Isabella Monardo
  - Kathryn Parsons
  - Angel Zhao

Year 10 or 11 units of Preliminary courses:
- RoSa 12 or more Units Prelim
  - Georgie Cope
  - Nadia Gilbert
  - Vivian Ho
  - Sarah Johnston
  - Audrey McGuire
  - Mian Xie

RoSa 4-5 Stage 5 Courses
- Madeline Adorno
- Allegra Gardner
- Ruby Green
- Nicola Hando
- Claudia Hopkins
- Anna Johnston
- Claire Kelly
- Harriet King
- Manna Muldown
- Eliza Murphy
- Laura Salvaggio
- Niham Tomlinson
- Cong Xiao Zhu

KRB HOOKED ON READING!

Life is hectic. We all bemoan our time-poor schedules, and the difficulty of cramming in everything we are obliged to do.

But – and here’s the irony – there has never been a better time to read. Why? Because reading is an investment, one of which both your mind and body will be the beneficiaries.

Rigorous research into reading has proven its ability to relax the body, regulate blood pressure and usher in a better, deeper sleep. It prepares us for sleep the way a device or screen-based relaxation cannot. Therefore, a bedtime routine that includes reading is an investment in a better sleep and a brighter tomorrow.

As an active form of relaxation, as opposed to a passive one, reading strengthens the brain’s neural pathways. It precludes memory decline and may even constitute a protective factor against dementia. Reading is therefore a valuable investment into one’s long-term mental fitness – a daily workout for the mind.

Perhaps most surprising of all, however, is the way in which a parent’s reading can be an investment in their own child’s learning outcomes. Educational researchers have found a strong correlation between households where children see their parents reading for pleasure, and successful literacy in the children themselves. In fact, it even outstrips reading to or with your children.

It is suggested that seeing Mum or Dad take time out of their busy day to sit down with a book is the strongest possible message to children that reading is important. It removes reading from the “Do as I say and not as I do” routine and affirms its place in a busy human’s day.

To promote reading for pleasure and strengthen the bonds of community, we have launched ‘Hooked on Reading’ initiative. Each term, we will encourage the whole community to read one book in common. We aim to build a culture of reading, encourage conversations about good books, discover new worlds and different people, and chat with each other about our favourite literature.

The novel for Term 1 is Wonder by R.J. Palacio. It is about a 12 year old boy named Auggie who has a severe facial deformity. Having been home schooled and different people, and chat with each other about our favourite literature.

The novel can be read on various online sites such as: https://www.readanybook.com/

Below are some reviews of the novel:

WEB DESIGN

As a new initiative in 2017, the Design and Technology Department have enrolled 15 Senior School Students in an online Web Design competition run by Grok Learning PTY LTD, called Web. Comp. The competition commenced on February 27 and runs for five weeks until April 22, 2017.

Over the course of the competition, students will learn how to write web pages in HTML and CSS code, whilst also competing against other students from around the world. The Web. Comp course is designed for students with no prior experience of web development, and covers everything necessary to get started building real websites.

Each week students must access Grok Learning on their online platform, and work through a series of problems and guided tasks in building their websites. Each problem has a set of activities that must be completed, and then submitted to a marking system for testing. Students will receive points for passing all of the tests for a problem before the submission deadline for that week.

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SEED WORKSHOP

Last week, Years 11 and 12 were fortunate enough to participate in the SEED workshop during our fortnightly Pastoral Care session. Catherine Manning from SEED gave a passionate presentation giving valuable insight into gender stereotypes and respectful relationships. Catherine also taught us to become critical consumers of advertising and media messaging through a range of interactive activities. By participating in the SEED workshop, we were provided with an intrinsic sense of empowerment, self-awareness and self-confidence.

Gemma Naish, Year 12

BOARDING

ACADEMIC CARE

YEAR 10 PEER TUTORING

Peer Tutoring is a weekly 30-minute activity that involves a small group of Year 10 students tutoring Barat Burn students in Years 1-6, every Monday or Tuesday afternoon. In Peer Tutoring the Year 10 students are each assigned a buddy who meet in the Junior School library from 3-3.30pm. The Barat Burn students receive help with English, Mathematics, organisation, reading and general homework. We have found this to be a very rewarding experience working with and getting to know the young students. They are very nice and helping them is a privilege. I look forward to continuing to help my young buddy and enjoy this experience over the rest of this year.

Georgia Downey, Year 10

ALICE KELLY, YEAR 10

Alice Kelly began boarding in Year 7 and came from Boorowa. Boorowa is where the Kelly family live, on a horse stud farm, 4 hours out of Sydney. Alice has an older sister in Year 11 at Kincoppal-Rose Bay and a younger brother who just started Year 7 at Riverview. Alice is very family-oriented and is close with everyone in her family! Alice enjoys sport, last year she was in the junior firsts for touch football and soccer, she is also is very good in athletics and Cross Country.

Phoebe Hughes, Year 10

TESS ARMSTRONG, YEAR 8

Tess started KRB this year in Year 8. She comes from a cattle station in the Northern Territory where she was home-schooled. Tess has 3 younger siblings, two brothers; one in Year 7 and the other in Year 3, and a sister in Year 6. Tess enjoys horse riding and gymnastics which she also says are her strengths. She also likes cattle work and sport.

Some challenges that Tess feels she may have at KRB are homesickness and getting used to the routines of school. Her hopes while she is at KRB are to enjoy a new school and to do her best in both sporting and academics. Tess likes being in boarding at KRB because she feels that you are always with your friends and that all of the girls are really nice. She said that this was important because you will always have someone if you are homesick. She has a really bright and bubbly personality and is nice and caring to everyone. Tess is a really great person to have at Kincoppal-Rose Bay and we are lucky to have her here.

Claudia Finlayson, Year 8

MIAN (SALLY) XIE, YEAR 12

Sally Xie is from Ningbo, a small city in South Eastern China. Ningbo is near the ocean and her house is between two shopping malls. Ningbo is very different to Sydney and while being away from her new baby brother Yuyu is difficult, Sally loves being here and spending time with her Kincoppal-Rose Bay family.

Sally came to KRB in Year 10. During her time here she has made a number of new friends from different countries and different parts of Sydney. She went on exchange to Chicago in 2016 and thoroughly enjoyed the opportunity to challenge herself and make even more friends.

Sally is an important member of the Student Leadership Committee for 2016/2017 serving as Head of International Students. Many of her peers will say that Sally’s greatest strengths are her sense of humour and her ability to make the boarding environment feel like ‘home away from home’. She constantly brings joy and laughter in the lives of her peers, so it is really no surprise that she was selected to lead our international students.

Sally thinks that the best part of KRB is the wonderful people she gets to spend her time with; the amazing view is an added bonus!

Rhiannon Carr, Year 12
Kincoppal-Rose Bay has had the largest ever contingency enter the NSW All Schools Triathlon in 2017. Ava Dowd (400m Swim, 10km Ride, 3km Run) and Elly O’Donohue (750m Swim, 20km Ride, 5km Run) competed in the individual race on February 22nd, both girls had strong races in warm conditions. Ava finished 55th overall and 27th in the CIS category and Elly finished 10th in CIS and 22nd overall. Ava and Elly then joined the remaining 55 Kincoppal-Rose Bay triathletes for the relay races the following day. Our highlight results were Michaela Sorensen (Swim), Ava Dowd (Bike) and Eleanor Miller (Run) finishing an outright 3rd (165 teams) in NSW in the Junior (12,13,14yrs) and 2nd in the CIS division.

IPSHA SWIMMING

Tuesday 7 March highlighted the 2017 IPSHA Swimming Carnival at Homebush. KRB delivered fantastic results across all age groups. The following students achieved a top 10 finish in their events.

Junior Girls Relay Team 4 x 50m Freestyle
Annabelle Waugh, Isla Walter, Jamaica Levy and Sophie St John 6th overall with Isla placing 9th in her individual 50m Freestyle event. In the senior girls 4 x 50m Freestyle relay Matilda Waugh, Alexandra Field, Lilli Meikle and Alexandra Smeallie finished 8th. Individually Matilda placed 10th in 50m Freestyle, Alexandra Field 10th in the 50m Butterfly as well as finishing 10th in the 50m Backstroke closely followed by Alexandra Smeallie in 11th. Lilli Meikle placed 6th in 11 year old 50m Backstroke and Phoebe Oayda 10th in the 50m Breaststroke. Congratulations to Annabelle Waugh who finished 5th in 50m Backstroke, 4th in 200IM, 3rd in 50m Butterfly and 2nd in 50m Freestyle. Annabelle has been selected in the IPSHA team to compete at the CIS Championships later this month.

IPSHA SWIM TEAM


IGSSA SWIM TEAM

Amber Anderson, Alysha Brojak, Rhiannon Carr, Thomasina Cook, Charlotte Ekins, Chilli Evans, Coco Fakhrock (sick) Sophia Franklin, Jessica Gardiner, Alessandra Gazal, Alice Hodgson, Amelia Hudson, Helena Hudson, Isabella James, Lucy Jones, Matilda King, Matilda Metcalfe, Eloise North, Elly O’Donohue, Lila Ollison, Coco Remond, Caitlin Risstrom (Reserve) Laura Solvaggio, Michaela Sorensen, Georgia Strain and Charlotte Ricardo (Diving).
2018 KRB SCHOLARSHIPS

Some scholarships offered for 2018 are open to current KRB students in Year 6/2017, Year 8/2017, Year 9/2017, Year 10/2017. For details visit www.krb.nsw.edu.au and click on Admissions then Scholarships. The closing date for online applications is Friday 17 March 2017. Please contact Registrar, Raewyn Barrington, if you would like more information.

Mary Cook Director of Development