YEARS K–2 SPORT HANDBOOK

2014
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Preface

This Sports Handbook outlines the sports policy, procedures and relevant information of the sports program and opportunities available to Kindergarten, Year 1 & 2 students at KRB Junior School. It also outlines the Year 3 to 6 sports program, which is initially the next transition stage from Year 2.

The School encourages “Sport for All” offering an active and extensive extra-curricular sports program. The School’s sporting program at K-2 level is designed to encourage every student to participate in sport for fun and enjoyment at whatever level he/she is capable of.

The Sports Program aims to:

Promote the ideals of sportsmanship, self respect and school spirit;

Encourage enjoyment, fun and skill acquisition;

Promote fitness and well-being;

Foster cooperation and commitment;

Provide healthy competition and enabling students to attain their sporting potential.

We hope that students will benefit from, and contribute to the Sports Program at Kincoppal – Rose Bay Junior School.

We wish all students a successful and enjoyable year of sport for 2014.

If you have any queries with regards to Junior School Sport please contact the relevant PD/H/PE & Sport Staff outlined below:

Mrs Mary-Kate Churcher          Mr Craig Millard
Head of Sport P-12               Boys’ Sports Coordinator
(02) 9388 6069                    (02) 9388 6069
churcherm@krb.nsw.edu.au          millardc@krb.nsw.edu.au

Mrs Kim Toomey                   Mr Saxon Moseley
PDHPE Teacher                    PDHPE Teacher
(02) 9388 6069                    (02) 9388 6069
toomeyk@krb.nsw.edu.au           moseleys@krb.nsw.edu.au

Please note: Email is the best method of correspondence with the PD/H/PE & Sport Staff.

The Sports Handbook is available for access on the Kincoppal–Rose Bay School website under the STUDENT section.
Introduction

K-2 Sport

Kincoppal–Rose Bay Junior School offers students at K-2 level the opportunity to engage and participate in an active sports program with a gradual transition into Year 3 to 6 IPSHA sport and further.

The sports programs primary focus is to develop the students’ gross motor skills, fitness and skill development in a particular sport. From this, modified games are introduced and understanding of the basic rules and regulations that govern the sport.

Sporting Opportunities

- Interhouse School Competition in Swimming (Term 1) and Athletics (Term 2 or Term 3)
- Eastern Suburbs Soccer Football Association (ESFA) Term 1 to 3
- Year 2 Girls Netball Skills Program (Training only) Term 4
- Year 1 & 2 Boys Walla Rugby Skills Program (Training Only) Middle of Term 3
- Year 1 & 2 Boys Cricket and Basketball Skills Program (Training only) Term 4

Sports Nomination Forms

All sport nominations for 2014 are attached inside this Sports Handbook. The sports nomination forms must be handed in to the Junior School Office by the due date which is outlined on each nomination form. The majority of these are due by the end of Week 1, Term 1 2014.

‘Late entries will not be accepted’ – Unless otherwise stated on the Nomination Forms

Please Note: Individual Nomination forms will dictate whether Kincoppal-Rose Bay Junior School will able to enter teams into a particular competition, e.g. ESFA, etc. Once a student has nominated him/herself in a sport he/she must attend all games and training sessions. Failure to comply by these rules could jeopardize the school’s entry and the team/teams participation in the competition. Full commitment and dedication is requirement by all parties involved.

To enter teams into a competition e.g. ESFA, schools or clubs must enter teams by a due date.

As well as the Interschool Competition, Kincoppal-Rose Bay Junior School has Interhouse Competitions in Swimming and Athletics. Nominations for the Swimming and Athletics Carnivals are also attached inside this handbook and must be handed into the Junior School Office by the due date. A letter with details and seeking parental permission will be sent home closer to the carnival time.

Sporting Events Dates 2014

Please refer to the Junior School Diary, Junior School Bulletins and KRB Newsletters for sporting events for 2014. This includes KRB sporting carnivals, representative carnivals, i.e. IPSHA, CIS, PSSA, Boys’ Day Out, etc.

Accomplishment Sports

Students wishing to have tuition in Tennis, Gymnastics, Dance or Martial Arts, Double Dutch skipping can join Accomplishment Classes that are organised by external specialist teachers. Accomplishment Nomination Forms are sent out in an Accomplishment Book before the start of each year. (Fees for these sports are not included in this handbook)
Other Relevant Information

Please refer to the following headings in the ‘Year 3 to 6 Sporting Information’ Section which also applies to K-2 Sport:

- K-6 Sports Fees
- Sports Training Schedule
- Sports Uniform
- Expectations and Requirements at Training and Saturday Morning Fixtures
- Wet Weather Procedures at training and ESFA Soccer Games
- 2014 Junior School Sporting Planner (Sporting Events)
- 2014 Summer & Winter Sports Program
- Sporting Activities – Risk Warning
- Code of Behaviour at School Sport – Players, Spectators and Parents
- Team Managers Information
- ESFA, players, spectators etc code of conduct
## KRB Junior School Summer Sports Program 2014

### TERM ONE

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WHEN</th>
<th>TRAINING</th>
<th>UNIFORM</th>
</tr>
</thead>
<tbody>
<tr>
<td>SWIMMING</td>
<td></td>
<td>All swimming will operate through KRB Swimming.</td>
<td>(All details on KRB website)</td>
</tr>
<tr>
<td>CRICKET</td>
<td>Term 1 &amp; 4</td>
<td>1 session per week + Saturday</td>
<td>- White short/long sleeved polo shirt</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- White shorts/Trousers</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- White wide brim hat</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Box protector (Rebel Sports)</td>
</tr>
<tr>
<td>BASKETBALL</td>
<td>Term 1 &amp; 4</td>
<td>1 session per week + Saturday</td>
<td>- Navy shorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Navy Singlet</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(a number will be allocated once the team is finalised)</td>
</tr>
<tr>
<td>ESFA SOCCER</td>
<td>Term 1, 2 &amp; 3</td>
<td>1 skills session per week + Saturday</td>
<td>- Soccer shirt</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Games commence end of Term 1)</td>
<td>- Navy shorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Red &amp; white socks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Soccer boots &amp; Shin Pads (compulsory)</td>
</tr>
<tr>
<td>SMALL SIDED SOCCER</td>
<td>Term 1</td>
<td>1 session per week + Saturday</td>
<td>- Sports polo</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Sports shorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Red &amp; white socks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Shin Pads (compulsory)</td>
</tr>
<tr>
<td>NETBALL SKILLS</td>
<td>Term 1</td>
<td>1 skills session per week</td>
<td>- Sports polo</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Sports skirt</td>
</tr>
<tr>
<td>CROSS COUNTRY RUNNING</td>
<td></td>
<td>1 session per week</td>
<td>- Athletics singlet</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Navy bike shorts for girls and navy shorts for boys</td>
</tr>
</tbody>
</table>

* All students are required to have and wear all the correct sporting uniform and equipment at both training and games. **Failure to wear these items may prohibit the student from partaking in the training session or game due to Occupation Health & Safety factors.**
## KRB Junior School Winter Sports Program 2014

### TERM TWO

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WHEN</th>
<th>TRAINING</th>
<th>UNIFORM</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ATHLETICS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years 3 – 6</td>
<td>To Commence at the start of Term 2</td>
<td>1 session per week</td>
<td>- Athletics singlet</td>
</tr>
<tr>
<td>(Boys &amp; Girls)</td>
<td></td>
<td></td>
<td>- Navy bike shorts for girls and navy shorts for boys</td>
</tr>
<tr>
<td><strong>SOCCER</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years K– 6</td>
<td>Term 2 &amp; 3</td>
<td>1 session per week + Saturday</td>
<td>- Soccer shirt</td>
</tr>
<tr>
<td>(Boys &amp; Girls)</td>
<td></td>
<td></td>
<td>- Navy shorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Red &amp; white socks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Soccer Boots &amp; Shin Pads (Compulsory)</td>
</tr>
<tr>
<td><strong>MINKEY/HOCKEY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years 4 - 6</td>
<td>Term 2</td>
<td>1 session per week + Saturday</td>
<td>- Sports polo</td>
</tr>
<tr>
<td>(Girls)</td>
<td></td>
<td></td>
<td>- Sports skirt</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Red and white socks</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Shin pads &amp; Mouth guard (compulsory)</td>
</tr>
<tr>
<td><strong>NETBALL</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years 3</td>
<td>Term 2 &amp; 3</td>
<td>1 session per week + Saturday</td>
<td>- Sports polo</td>
</tr>
<tr>
<td>(Girls)</td>
<td></td>
<td></td>
<td>- Sports skirt</td>
</tr>
<tr>
<td><strong>SNOWSPORTS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 2 – 6</td>
<td>June/July School Holidays &amp; Term 3</td>
<td>n/a</td>
<td>- Own clothing &amp; equipment and</td>
</tr>
<tr>
<td>(Boys &amp; Girls)</td>
<td></td>
<td></td>
<td>- KRB jacket and fleece</td>
</tr>
<tr>
<td><strong>RUGBY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 3 – 6</td>
<td>Term 2 &amp; 3</td>
<td>1 session per week (Thursday morning)</td>
<td>- Navy Rugby Shorts</td>
</tr>
<tr>
<td>(Boys)</td>
<td></td>
<td></td>
<td>- Rugby Jersey</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Soccer /Football boots &amp; Mouth Guard (compulsory)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Head guard recommended</td>
</tr>
</tbody>
</table>

* All students are required to have and wear all the correct sporting uniform and equipment at training and games. Failure to wear these items may prohibit the student from partaking in the training session or game due to Occupation Health & Safety factors.
### KRB Junior School Winter Sports Program 2014

**TERM THREE**

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WHEN</th>
<th>TRAINING</th>
<th>UNIFORM</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ATHLETICS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years 3 – 6 (Boys &amp; Girls)</td>
<td>To Continue throughout</td>
<td>1 session per week</td>
<td>- Athletics singlet&lt;br&gt;- Navy bike shorts for girls and navy shorts for boys</td>
</tr>
<tr>
<td></td>
<td>Term 3 for Representative Athletes</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SOCCER</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Years K– 6 (Boys &amp; Girls)</td>
<td>Term 2 &amp; 3</td>
<td>1 session per week + Saturday</td>
<td>- Soccer shirt&lt;br&gt;- Navy shorts&lt;br&gt;- Red &amp; white socks&lt;br&gt;- Mouth Guard&lt;br&gt;- Soccer boots &amp; Shin Pads (compulsory)</td>
</tr>
<tr>
<td><strong>WALLA RUGBY SKILLS</strong></td>
<td>Term 3</td>
<td>1 session per week (4 week program - end of Term 3)</td>
<td>- PE/Sports Uniform&lt;br&gt;- Mouth Guard &amp; Soccer/football boots (compulsory)</td>
</tr>
<tr>
<td>(Year 1 &amp; 2 Boys)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>NETBALL</strong></td>
<td>Term 3</td>
<td>1 session per week + Saturday</td>
<td>- Sports polo&lt;br&gt;- Sports skirt</td>
</tr>
<tr>
<td>Years 3 - 6 (Girls)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SNOWSPORTS</strong></td>
<td>June/July School Holidays &amp; Term 3</td>
<td>n/a</td>
<td>- Own clothing &amp; equipment and&lt;br&gt;- KRB jacket and fleece</td>
</tr>
<tr>
<td>Year 2 – 6 (Boys &amp; Girls)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>RUGBY</strong></td>
<td>Term 2 &amp; 3</td>
<td>1 session per week Saturday matches commence middle of Term 3 Training Times and matches TBC</td>
<td>- Navy Rugby Shorts&lt;br&gt;- Rugby jersey&lt;br&gt;- Soccer /Football boots &amp; Mouth Guard (compulsory)&lt;br&gt;- Head guard recommended</td>
</tr>
</tbody>
</table>

* All students are required to have and wear all the correct sporting uniform and equipment at training and games. Failure to wear these items may prohibit the student from partaking in the training session or game due to Occupation Health & Safety factors.
## KRB Junior School Summer Sports Program 2014

### TERM FOUR

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WHEN</th>
<th>TRAINING</th>
<th>UNIFORM</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BASKETBALL</strong></td>
<td>Term 4 (2014) &amp; Term 1 (2014)</td>
<td>1 session per week + Saturday</td>
<td>-Navy shorts&lt;br&gt;-Navy sports singlet&lt;br&gt;(a number will be allocated once the team is finalized)</td>
</tr>
<tr>
<td>Years 3 – 6 (Boys)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>IPSHA TENNIS</strong></td>
<td>Term 4</td>
<td>1 session per week + Saturday</td>
<td>-Sports shirt&lt;br&gt;-Sports skirt</td>
</tr>
<tr>
<td>Years 4 - 6 (Girls)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>CRICKET &amp; BASKETBALL SKILLS PROGRAM</strong></td>
<td>Term 4</td>
<td>1 skills session per week (No Games)</td>
<td>-PE/Sports uniform</td>
</tr>
<tr>
<td>Years 1 &amp; 2 (Boys)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>CRICKET</strong></td>
<td>Term 4 (2014) &amp; Term 1 (2014)</td>
<td>1 session per week + Saturday</td>
<td>-White short/long sleeved polo shirt&lt;br&gt;-White shorts/Trousers&lt;br&gt;-White wide brim hat&lt;br&gt;-Box protector (Rebel Sports)</td>
</tr>
<tr>
<td>Year 3 &amp; 6 (Boys)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>BALL SKILLS PROGRAM</strong></td>
<td>Term 4</td>
<td>1 skills session per week</td>
<td>-PE/Sports uniform</td>
</tr>
<tr>
<td>Year 2 (Girls)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TOUCH FOOTBALL SKILLS PROGRAM</strong></td>
<td>Term 4</td>
<td>1 skills session for touch football during the week</td>
<td>-PE/Sports Uniform</td>
</tr>
<tr>
<td>Year 3-6 (Girls)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>WATER POLO</strong></td>
<td>Term 4</td>
<td>1 skills session during the week</td>
<td>-PE/Sports Uniform &amp; KRB Swimming costume</td>
</tr>
<tr>
<td>Year 5-6 Girls</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*All students are required to have and wear all the correct sporting uniform and equipment at training and games. Failure to wear these items may prohibit the student from partaking in the training session or game due to Occupation Health & Safety factors.*
K-6 Sports Fees for 2014

Kincoppal-Rose Bay Junior School has a ‘user-pays’ fee system for sport. **This will be placed on your School account.** These fees cover the cost of Team Registration, Coaching Levy, Officials (referees/umpires), Venue Hire, Specialist Equipment (where applicable) and Representative Team Nomination Fees (where applicable).

Once you sign a contract we are obliged to bill you accordingly.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>FEE PER TERM including registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross Country (Term 1)</td>
<td>$80.00</td>
</tr>
<tr>
<td>Athletics (Term 2 &amp; 3)</td>
<td>$100.00 PT</td>
</tr>
<tr>
<td>Cricket (Term 1 &amp; 4)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Rugby</td>
<td>$150.00 PT</td>
</tr>
<tr>
<td>Year 3 Netball skills (Term 1)</td>
<td>$100.00</td>
</tr>
<tr>
<td>Netball (Term 2 &amp; 3 for Year 3, Term 3 for Year 4, 5 &amp; 6)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Snow Sports</td>
<td>Approx $400.00</td>
</tr>
<tr>
<td>IPSHA Tennis (Term 4)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Minkey/Hockey (Term 2)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Basketball (Term 1 &amp; 4)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Touch Football Skills (Term 4)</td>
<td>$100.00</td>
</tr>
<tr>
<td>Water Polo (Term 1 &amp; Term 4)</td>
<td>$180.00</td>
</tr>
<tr>
<td>Year 3-6 Soccer (Term 2 &amp; 3)</td>
<td>$220.00 Per Season TERMS 2 &amp; 3</td>
</tr>
<tr>
<td>K-2 ESFA Soccer (Term 1, 2 &amp; 3)</td>
<td>$180.00 PT</td>
</tr>
<tr>
<td>Year 1 &amp; 2 Boys Cricket &amp; Basketball Skills Program (Term 4)</td>
<td>$10.00</td>
</tr>
<tr>
<td>Year 2 Girls Ball Skills Program (Term 4)</td>
<td>$100.00</td>
</tr>
<tr>
<td>Walla Rugby Skills Program (Mid Term 3)</td>
<td>$60.00</td>
</tr>
</tbody>
</table>

* Please refer to the **Accomplishment Booklet** Schedule for Tennis, Gymnastics, Swimming, Dance and Martial Arts fees.
Sports Training Schedule 2014

Please Note: We will make every effort to keep training days the same throughout the whole year, however, they may be subject to changes due to availability of coaches, training space, venue hire, etc. Parents/guardians will be notified of any change with due notice where possible.

<table>
<thead>
<tr>
<th>DAY</th>
<th>SPORT</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>Year 3-6 Boys Sport <em>(Basketball, Cricket)</em> (<em>Boys &amp; Girls Soccer Yrs 3 – 6 Term 2&amp;3)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 3 Girls Sport</td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Cross Country Training <em>(Term 1)</em></td>
<td>7.00 - 8.00am</td>
</tr>
<tr>
<td></td>
<td>Athletics Training <em>(Term 2 &amp; 3)</em></td>
<td>7.00 - 8.00am</td>
</tr>
<tr>
<td></td>
<td>Year 4 Girls Sport</td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 1 &amp; 2 Boys &amp; Girls ESFA Soccer <em>(Term 1, 2 &amp; 3)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 1 &amp; Year 2 Boys Basketball &amp; Cricket Skills Program <em>(Term 4 only)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 2 Girls Balls Skills Program <em>(Term 4 Only)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 1 &amp; 2 Boys Walla Rugby Skills <em>(Middle of Term 3)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>Year 3-6 Boys Rugby <em>(Term 2 &amp; 3)</em></td>
<td>7.00 – 8.00am</td>
</tr>
<tr>
<td></td>
<td>Kindergarten Boys &amp; Girls Soccer <em>(Term 1, 2 &amp; 3)</em></td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td></td>
<td>Year 5 Girls Sport</td>
<td>3.00 - 4.05pm</td>
</tr>
<tr>
<td>Friday</td>
<td>Year 6 Girls Sport</td>
<td>7.00 - 8.00am</td>
</tr>
</tbody>
</table>

Sports Uniform

All students are required to have and wear all the correct sporting uniform and equipment at training and games. Failure to wear these items may prohibit the student from partaking in the training session or the game due to Occupation Health & Safety factors. *(Please refer to the Term Sports Program for sports specific uniform and requirements on page 6-9)*
Expectations / Requirements at sports training

- Once a student has nominated him/herself in a sport he/she must attend all games and training sessions.

- Students should attend training for the full duration of the session unless prior arrangements have been made with the PDHPE & Sport teacher in charge of the sport. *Notice in advance is essential.*

- Students are expected to be a worthy ambassador for the School. This means being punctual (on time), wearing the correct uniform and always demonstrating fair play.

- Students are expected to work at maximum effort and to listen and observe all instruction given by the coach or teach.

- Students are to meet the coach or teacher in charge of the sport in the designated assembly area (set at the start of each term) in their sports uniform. *Sun hat and Water Bottle is compulsory.*

- Students should be polite and courteous at all times and treat the coach, staff members, officials and other players with respect.

- Inappropriate behaviour **will not be tolerated** and will be dealt with directly by the PDHPE & Sports teacher in charge of the sport. Following the incident the P-12 Head of Sport will be notified of the student’s behaviour. Students that continue to misbehave, act inappropriately or indulge in a serious offence, the corresponding parents will be contacted, Deputy Principal notified and further action may be taken.

- At the end of a training session, students are required where necessary to collect and return sporting equipment under the direct instructions and supervision of the coach or teacher. **If they are training at an external venue, students must wait with the supervising teacher until collected by a parent. They must have their name marked off the roll before leaving with a parent/guardian. Students not collected by the finish time (4.30pm sharp) will be taken back to school for collection by parent/guardian.**

- All afternoon training sessions at school will conclude at 4.05pm. Parents/guardians of students MUST collect their child from the training area at 4.15pm or from the MTC at 4.20pm sharp. **Any students not collected after 4.25pm will be signed into the After School Care Centre and fees/charges may apply.**

Expectations / Requirements at Saturday Morning Fixtures

- At the beginning of each term a draw will be distributed to all students. Parents are reminded to **check the draw weekly** as their match times and venues may vary from week to week. *Please ensure that you allow enough travel time so that your child arrives at the designated venue at least 20 minutes prior to the game start time.*

- There may be times when there will be a late change to a sporting venue or match time. We will endeavor to inform you of these changes as soon as we can. Parents should also check the **Junior School Newsletter** weekly in case of changes and for any other sport related messages.

- A corresponding letter will be sent out when there are major changes to the information outlined on the draw.

- If students are too ill to play in a Saturday match, the **team manager must be notified** as soon as possible in case a replacement is required.

**Please Note:** It is imperative that a parent/guardian is present for the full duration of the game/games. **Under NO circumstances are parents/guardians to drop off their child and leave.** This is compulsory requirement for any K-6 student who wishes to participate in sport at Kincoppal-Rose Bay School. Failure to abide by these rules may prohibit the student from partaking in sport at Kincoppal-Rose Bay School.

*Please refer to the section on 'player behaviour /code of conduct for school sport'.*
Wet Weather Procedures

Weather patterns in recent years have been quite varied in metropolitan areas, e.g. fine and sunny in the Western Suburbs and heavy rain in the northern suburbs at the same time on the same day.

In the case of wet weather, training sessions will be held in a class room. Coaches will cover rules, safety, positions and game play that is appropriate for the age of the children.

If it is raining on Saturday morning, please refer to each individual sports draw for the wet weather procedures e.g. wet weather number. The Sports Coordinator will also contact all of the relevant officials, managers, coaches, umpires etc with any changes to Saturday fixtures i.e. cancellations, change of venue, time etc.

Always refer to the TEAM DRAW for the number/systems to call/SMS and procedures to follow for cancellations, changes etc.

All parents/guardians are responsible for checking the Wet Weather and Information Numbers and procedures. It is advisable to call the relevant numbers 5 minutes prior to leaving for the designated venue. Please note: Games may be cancelled without much warning and possibly once you arrive at a destination due to unpredictable and inclement change in different areas/suburbs.

If games/matches are not cancelled students are expected to report to the venue for their game. Any decision to abandon games due to poor weather conditions will be made at the venue. A decision to abandon all games for the morning will rarely happen and the possibility for play will be considered at the set starting time.

ESFA Soccer Wet Weather & Information

The Eastern Suburbs Soccer Association (ESFA) is an external association which Kincoppal-Rose Bay Junior School has been involved in for many years. Kindergarten, Year 1 and 2 students will play soccer on a Saturday morning against various soccer clubs in the Eastern Suburbs region. This competition runs for about 18 weeks starting in Term 1 and finishing in the middle of Term 3.

Prior to the start of the season a team draw for each team can be accessed via the ESFA Website. (This competition runs through the School holidays)

If the weather is doubtful on Saturday morning, please ring the wet weather information line for further information. A recorded message will inform you if a game or games are cancelled. If no message is left then games will go ahead as scheduled.

An information letter outlining the above will be distributed to all parents/guardians of ESFA KRB players prior to the start of the ESFA season.
‘Future Years’

YEAR 3 TO 6 SPORTING INFORMATION

Kincoppal-Rose Bay Junior School belongs to the Independent Primary School Heads Association (IPSHA). This sporting association is designed to encourage students from Year 3 to Year 6 to participate in a regular games played on a Saturday and to learn the basic skills required for a sport. The organisation is non-competitive. Through this organisation students may be nominated for representative teams at Combined Independent Schools’ level (NSWCIS) and even at State and National level.

In addition to IPSHA sport and Netball (Year 3) through the Eastern Suburbs Sporting Association (ESSA) we also offers skill based training programs with no Saturday matches i.e. water polo, touch football, etc in preparation for Senior School in the IGSSA sporting competition.

Sports Program

The School’s sporting program is designed to encourage every student to participate and enjoy sport at whatever level he/she is capable of.

Each student is encouraged to participate in at least one team sport per year. Once a student has nominated him/herself in a sport he/she must attend all games and training sessions. Students are expected to be a worthy ambassador for the School. This means being punctual, wearing the correct uniform and always demonstrating respect and fair play to others.

Sports Nomination Forms

To enter teams into the IPSHA or ESSA competition, affiliated schools or clubs are required to enter teams by a due date. The Head Convenor of the sport will then collate the draw for the season ahead. Within the Year 3-6 Sports Handbook there are Sport Nomination Forms for various sports and carnivals. The sports nomination forms must be handed in to the Junior School Office by the due date. Please refer to the top of each nomination form for the due date. We will also put reminders in the Junior School Bulletin on when to hand these in.

‘Late entries will not be accepted’

Please Note: Individual Nomination forms will dictate the number of Kincoppal-Rose Bay School teams that are entered into a particular competition, e.g. IPSHA. Once a student has nominated him/herself in a sport he/she must attend all games and training sessions. Failure to comply by these rules could jeopardize the school’s entry and team’s participation in the competition.

As well as the Interschool Competition, Kincoppal-Rose Bay Junior School has Interhouse Competitions in Swimming and Athletics. Nominations for the Swimming and Athletics Carnivals are also attached inside the Year 3-6 Sports Handbook and must be handed into the Junior School Office by the due date.
Risk Warning under Section 5M of the Civil Liability Act 2002 on behalf of Kincoppal-Rose Bay, AHIGS and IPSHA

Sporting Activities – RISK WARNINGS

*Kincoppal-Rose Bay* organises many individual and team sporting activities during the course of a year. Some of these are organised in conjunction with the Association of Heads of Independent Girls’ Schools NSW (AHIGS) and some with the Independent Primary Schools Heads of Australia (IPSHA). Students participating in these sporting activities take part in practice and in competitions.

*Kincoppal-Rose Bay*, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds.

While *Kincoppal-Rose Bay*, AHIGS and IPSHA take measures to make the sporting activities as safe as possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Injury can occur while the student is engaging in or watching a sporting activity, or traveling to and from the event. The injury may result from a student’s actions, the actions of others or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.
Codes of Behaviour for School Sport

(Based on IPSHA Aims and Principles of Junior School Sport and Aussie Sport)

The role of the host school / convenor is to be clearly defined (i.e. responsibilities re provision of umpires, referees, sportsmanship, barracking, courtesy etc.) Host School (i.e. staff, children and parents) should welcome visitors to the school grounds.

Players’ Code of Behaviour

(Also refer to the FFA SSG parent brochure for ESFA K-2 Soccer)

- Play by the rules.
- Never argue with an official.
- Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not permitted in any sport.
- Work equally hard for yourself and/or for your team. Your team will benefit, so will you.
- Be a good sport. Applaud all good plays, whether they be by your team, opponent or the other team.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- Co-operate with your coach, team mates and opponents. Without them there would be no competition.
- Place in proper perspective the isolated incidents of unsporting behaviour rather than make such incidents the ‘highlight’ of the event.
- If a player is sent off during the game, a one week’s suspension is recommended.

Spectators’ & Parent’s Code of Behaviour

(Also refer to the FFA SSG parent brochure for ESFA K-2 Soccer)

- Children play organised sports for fun. They are not playing for the entertainment of spectators only, nor are they miniature professionals.
- Applaud good performances and efforts from each team. Congratulate all participants upon their performance regardless of the game’s outcome.
- Respect the officials’ decision.
- Never ridicule or scold a child for making a mistake during a competition.
- Positive comments are motivational.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Show respect for your team’s opponents. Without them there would be no game.
- Encourage players to follow the rules and the officials’ decisions.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or officials.
- Comments should not interfere with the running of the game.
- Parents should not interfere with the game or invade the field of play. Failure to adhere to the rules may result in the offender being asked to leave the premises/grounds temporary or permanently.

* A Small-Side Games Guide for ‘Parent Code of Behaviour’ will be distributed to all ESFA Soccer players prior to the start of the season.

Praise

- Praise is encouraged at all levels.
Complaints

- **Complaints** concerning the conduct of games **should not** be made during or after the game. These **should** be referred to the Head of Sport P-12 and or the relevant Sports Coordinator.

- Under no circumstances should parents approach or contact a school, club, official etc directly.

General

- All grounds must be kept clean – litter must be placed in the bins provided.

- Please refrain from taking dogs to sport venues. Many sporting venues do not allow dogs on the premises.
Team Managers of Sports Teams

Coach

The coach is responsible for every team member at afternoon training and at Saturday matches. Players must follow the directions from the coach and team managers assist in any way as directed. (please refer to the player code of conduct)

The Parent manager is required to do the following:

- To assist the coach or fill in for the coach in any event where they may not be available.
- All team members are required to be at their venue at least **20 minutes prior to their match time** for a warm-up. If the team coach is occupied with another team prior to your team, it is the manager’s responsibility to organise a warm-up enabling the match to start promptly.
- Bring the bag/kit required for each sport to every Saturday match and return it to the Sports Department at the end of the season.
- To collect the score sheet from the sports convenor and take score of the match.
- A point of contact if a message needs to be conveyed to all team members.
- A contact for the team if a team member is not well enough to play (in some sports a reserve may need to be contacted).
- Organise an orange roster where necessary.

Without the assistance of Kincoppal-Rose Bay parents the school could not provide the service to sport that it does. If you would like to be a team manager of your son or daughter’s team, please indicate on the relevant section of each sport nomination form.

Thank you in advance to all team managers for their assistance towards sport at Kincoppal-Rose Bay School. Your time and effort is greatly appreciated.

**Please refer to the RTO Forms for ESFA Team Managers**
Sports Awards Criteria

At the end every term Sports Certificates will be presented to all children who have represented the school in a sport throughout the term for their commitment to School Sport.

For the sports that continue throughout two terms, certificates will be presented at the end of the last term at a Sports Assembly.

At the annual Sports Presentation in Term 4, all sporting events and high achievements from the year are announced to the students. Special presentations are made to children who have achieved the following:

- **Certificate presentations**: for students who have been selected and represent IPSHA at a CIS event or the equivalent to this.

- **Medallion and Certificate presentations**: for students who have been selected and compete in a CIS team or equivalent (competed at State level or above).

- **The Spirit of Sport Award**:
  - To be presented to a Year 6 student who has demonstrated a history of commitment and effort within sport throughout their Barat Burn years.
  - For a student who participates in Sport and Sport Carnivals throughout the year.
  - For a student who is not in contention for any other award based on ability within a sport (For example: Age Champion, Runner Up, Sports Presentation Awards etc)
  - For a student who consistently displays outstanding sportsmanship, commitment, positive attitude and gives 100% effort in all sporting endeavours but does not necessarily achieve high results.
  - Award that acknowledges effort rather than excellence.

- **Sportswoman of the year and Sportsman of the year**: these are presented to acknowledge sporting excellence across a number of sports by an individual athlete. These two awards are presented at the Year 3-12 Speech and Awards Night and are selected on the following criteria:
  - In their final year of Barat Burn
  - Shows versatility across a number of school sports
  - Displays excellent sportsmanship/sportswomanship in all areas of sport
  - Excellent attendance at trainings and matches/carnivals
  - Demonstrates a consistently high level of sporting skills across their chosen sports

- **Most Outstanding Sportswoman/man of the year**: This will be awarded to the one student (boy or girl) from Year 3-6 who has represented KRB at the highest level in a particular sport and has achieved the best results for the year. These awards are presented at Speech and Awards Night
Kindergarten to Year 2 Sports Carnivals 2014

- Each year there are two main carnivals for the children to participate in.
- These are the Swimming and Athletics Carnivals.
- On these days the children wear their sports uniform to school with their Colour House T-shirt.
- At both of these carnivals, parents are welcome to attend.

**K-2 SWIMMING CARNIVAL**

*Where:* KRB School Pool

Details will be sent early Term 1.

<table>
<thead>
<tr>
<th>Year</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Year 2</td>
<td>9.00am – 10.00am</td>
</tr>
<tr>
<td>Year 1</td>
<td>10.00am – 11.00am</td>
</tr>
<tr>
<td>Kindergarten</td>
<td>11.00am – 12.00am</td>
</tr>
<tr>
<td>Lunch &amp; House Cheers</td>
<td>12.20pm – 1.20pm</td>
</tr>
</tbody>
</table>

**K-6 Athletics Carnival**

*Where:* Homebush

Details will be handed out closer to the time.

**Year 3-6 Cross Country Carnival**

*Where:* Christison Park

Details will be handed out to Year 3-6 students closer to the time.
**Please tear out whole page and return to the Junior School office by the date given below.**

## DUE DATE:
Monday 10th FEBRUARY, 2014

Late nominations will not be accepted

I give permission for my **son/daughter** ___________________________ of Year ___________________________ to represent Kincoppal-Rose Bay Junior School in the ESFA Soccer competition. **He/she will be available to play on all weekend dates (including school holidays) of the competition and attend all training sessions.** I have signed the disclaimer on the next page.

### MEDICAL INFORMATION

I have read and understand the IPSHA Risk Warning and code of behavior on page 16 &17 of this Sports Handbook.

Does your son or daughter have any medical condition(s) that the Sports Staff/Coaches should be aware of?

- [ ] Yes  
- [x] No. If yes, Please indicate: 

Other: Please specify: ____________________________________________________________________________

Please attach any relevant information. E.g. Asthma plan, letters from doctors, etc

### PARENT INFORMATION (Compulsory requirement)

Contact telephone number(s) of parents/guardian for emergency: **(please write clearly)**

Parent/Guardian Name: __________________________________________________________ (please print)

Mobile: ___________________________ Home: ___________________________

Most regularly used email address: __________________________________________________________

Signed __________________________________________ Date __________________________

(Parent/Guardian)

### TEAM MANAGER (RTO)

I am available to be my son’s or daughter’s team manager (RTO) if required and the above contact details can be used on the team draw as a point of contact.

- [ ] Yes  
- [ ] NO

Managers Name **(Please Print Clearly):** __________________________________________

Please refer to and complete the following forms at the back of the Sports Handbook pages 33 – 40 and return them to the Junior School Office by the due date:

- RTO Forms (Team manager)
- Prohibited Employment Declaration Form (Team Manager)
- Passport sized photo (for ESFA ID Card) – (Both Team Manager and Players)

A full team list and draw will be distributed to all students a week prior to Round 1 of the EFSA competition.

**Special Requirements:** Shin pads and soccer boots are compulsory items for all training sessions and Saturday games. Failure to wear this uniform/equipment may prohibit the student from participating in training or games. Refer to page 10 for KRB Soccer uniform and equipment.

Please complete and return the Disclaimer Form on the next page with this sports nomination form.
Acknowledgement and Disclaimer by Parent or Guardian

1. I am a parent/legal guardian of:

_________________________________________ (Student’s Name)

2. I have read and understood the attached Risk Warning. (Page 16)

3. I provide my express consent for the child to participate in the following activities organised by the Association of Heads of Independent Girls’ School NSW (AHIGS) and Junior School Heads Association of Australia (IPSHA) or Kincoppal-Rose Bay School (KRB) at various venues in the Sydney metropolitan area, NSW and possibly interstate:

   - Any sporting activity organised by the AHIGS Sporting Committee (IGSSA) or IPSHA
   - Any public speaking/performance based activity organised by the AHIGS Festival of Speech
   - Any public speaking and/or debating activity organised by the Archdale Debating Committee on half of AHIGS or IPSHA.

4. I acknowledge that AHIGS performs a purely administrative role in the co-ordination and facilitation of inter-school activities and is not responsible for providing expertise on the risks associated with these activities or the manner in which they should be conducted.

5. I acknowledge that sporting activities are dangerous and may result in personal injury, disability, illness or death and resultant economic loss or property damage and that the student participates in the sporting activities and other activities indicated above, voluntarily and at her own risk.

6. I acknowledge that while participating in any of the activities listed above, both the property and person of the student shall be at her own risk.

7. I release AHIGS, IPSHA, KRB and the owner or occupier of the particular sporting or public speaking/performance/debating venue from liability for any personal injury, disability or loss or damage to property whether or not caused by the negligence of AHIGS, IPSHA or KRB, their servants or agents arising from the student’s participation in the activities or arising from the condition of the facilities of the equipment used in the activities. As a separate obligation I indemnify AHIGS, IPSHA or KRB, its officers, employees and agents against all claims, liability and loss incurred by them and arising from the student’s participation in the sporting and/or public speaking performance/debating activities.

Signature of Parent/Guardian

Date
**DUE DATE:** FRIDAY 13 JUNE, 2014

Late nominations will not be accepted.

I give permission for my **son** _______ of Year _______ to participate in the Walla Rugby Skills training program commence in the middle Term 3, 2014 for 4 to 6 weeks. I have signed the disclaimer on the next page.

**MEDICAL INFORMATION**

I have read and understand the IPSHA Risk Warning on page 16 of this Sports Handbook.

Does your son or daughter have any medical condition(s) that the Sports Staff/Coaches should be aware of?

- [ ] Yes  
- [ ] No. If yes, Please indicate:

□ Asthma  □ Allergies  □ Other: Please specify: __________________________________________

*Please attach any relevant information. E.g. Asthma plan, letters from doctors, etc*

**PARENT INFORMATION (Compulsory requirement)**

Contact telephone number(s) of parents/guardian for emergency: *(please write clearly)*

**Parent/Guardian Name** _______________________________________________________________ (please print)

**Mobile:** ____________________________ *(please print)*  
**Home:** ___________________________________________________________________________

**Most regularly used email address:** _______________________________________________________

**Signed** ___________________________________________________________ **Date** __________

*(Parent/Guardian)*

**Special requirements**

- Sports uniform must be worn to all training sessions including the school’s sun hat
- Soccer/rugby boots and mouth guard is compulsory
- Training will commence in the middle of Term 3 and will run for four to six weeks.
- Please note: This is a skills based training program
- There are no Saturday games until Year 3.

*Please complete and return the Disclaimer Form on the next page with this sports nomination form.*
Acknowledgement and Disclaimer by Parent or Guardian

1. I am a parent/legal guardian of: ___________________________

(Student’s Name)

2. I have read and understood the attached Risk Warning. (Page 16)

3. I provide my express consent for the child to participate in the following activities organised by the Association of Heads of Independent Girls’ School NSW (AHIGS) and Junior School Heads Association of Australia (IPSHA) or Kincoppal-Rose Bay School (KRB) at various venues in the Sydney metropolitan area, NSW and possibly interstate:

- Any sporting activity organised by the AHIGS Sporting Committee (IGSSA) or IPSHA
- Any public speaking/performance based activity organised by the AHIGS Festival of Speech
- Any public speaking and/or debating activity organised by the Archdale Debating Committee on half of AHIGS or IPSHA.

4. I acknowledge that AHIGS performs a purely administrative role in the coordination and facilitation of inter-school activities and is not responsible for providing expertise on the risks associated with these activities or the manner in which they should be conducted.

5. I acknowledge that sporting activities are dangerous and may result in personal injury, disability, illness or death and resultant economic loss or property damage and that the student participates in the sporting activities and other activities indicated above, voluntarily and at her own risk.

6. I acknowledge that while participating in any of the activities listed above, both the property and person of the student shall be at her own risk.

7. I release AHIGS, IPSHA, KRB and the owner or occupier of the particular sporting or public speaking/performance/debating venue from liability for any personal injury, disability or loss or damage to property whether or not caused by the negligence of AHIGS, IPSHA or KRB, their servants or agents arising from the student’s participation in the activities or arising from the condition of the facilities of the equipment used in the activities. As a separate obligation I indemnify AHIGS, IPSHA or KRB, its officers, employees and agents against all claims, liability and loss incurred by them and arising from the student’s participation in the sporting and/or public speaking performance/debating activities.

Signature of Parent/Guardian ___________________________

Date ___________________________
Please tear out whole page and return to the Junior School office by the date given below.

DUE DATE: FRIDAY 1st AUGUST 2014

Late nominations will not be accepted.

I give permission for my **son**                               of Year___________

to participate in the Cricket and Basketball Skills Training Program throughout Term 4, 2014. I have signed the disclaimer on the page.

MEDICAL INFORMATION

I have read and understand the IPSHA Risk Warning on page 16 of this Sports Handbook.

Does your son or daughter have any medical condition(s) that the Sports Staff/Coaches should be aware of?

☐ Yes  ☐ No. If yes, Please indicate:

☐ Asthma ☐ Allergies ☐ Other: Please specify: _____________________________________________

*Please attach any relevant information. E.g. Asthma plan, letters from doctors, etc*

PARENT INFORMATION (Compulsory requirement)

Contact telephone number(s) of parents/guardian for emergency: **(please write clearly)**

Parent/Guardian Name ____________________________________________________________ (please print)

Mobile: ___________________________________________ Home: __________________________

Most regularly used email address: __________________________________________________

Signed _______________________________________________ Date ______________________

(Parent/Guardian)

Special requirements

- Sports uniform must be worn to all training sessions including the school’s sun hat
- Training will commence the first week of Term 4
- Please note: This is a skills based program covering approximately 3-4 sessions of Basketball and 3-4 sessions of Cricket. This is a skills training program
- There are no Saturday matches until Year 3.

Please complete and return the Disclaimer Form on the next page with this sports nomination form.
Acknowledgement and Disclaimer by Parent or Guardian

1. I am a parent/legal guardian of:

__________________________________________________________
(Student’s Name)

2. I have read and understood the attached Risk Warning. (Page 16)

3. I provide my express consent for the child to participate in the following activities organised by the Association of Heads of Independent Girls’ School NSW (AHIGS) and Junior School Heads Association of Australia (IPSHA) or Kincoppal-Rose Bay School (KRB) at various venues in the Sydney metropolitan area, NSW and possibly interstate:

- Any sporting activity organised by the AHIGS Sporting Committee (IGSSA) or IPSHA
- Any public speaking/performance based activity organised by the AHIGS Festival of Speech
- Any public speaking and/or debating activity organised by the Archdale Debating Committee on half of AHIGS or IPSHA.

4. I acknowledge that AHIGS performs a purely administrative role in the co-ordination and facilitation of inter-school activities and is not responsible for providing expertise on the risks associated with these activities or the manner in which they should be conducted.

5. I acknowledge that sporting activities are dangerous and may result in personal injury, disability, illness or death and resultant economic loss or property damage and that the student participates in the sporting activities and other activities indicated above, voluntarily and at her own risk.

6. I acknowledge that while participating in any of the activities listed above, both the property and person of the student shall be at her own risk.

7. I release AHIGS, IPSHA, KRB and the owner or occupier of the particular sporting or public speaking/performance/debating venue from liability for any personal injury, disability or loss or damage to property whether or not caused by the negligence of AHIGS, IPSHA or KRB, their servants or agents arising from the student’s participation in the activities or arising from the condition of the facilities of the equipment used in the activities. As a separate obligation I indemnify AHIGS, IPSHA or KRB, its officers, employees and agents against all claims, liability and loss incurred by them and arising from the student’s participation in the sporting and/or public speaking performance/debating activities.

__________________________________________________________  _________________________
Signature of Parent/Guardian                                      Date
DUE DATE: FRIDAY 1st August 2014

Late nominations will not be accepted.

I give permission for my daughter _______________________________ of Year 2 to commence Ball Skills Program in Term 4, 2014. She will be available to attend all trainings in Term 4, 2014. I have signed the disclaimer on the next page.

MEDICAL INFORMATION

I have read and understand the IPSHA Risk Warning on page 16 of this Sports Handbook.

Does your son or daughter have any medical condition(s) that the Sports Staff/Coaches should be aware of?

☐ Yes  ☐ No. If yes, Please indicate:

☐ Asthma  ☐ Allergies  ☐ Other: Please specify: ____________________________________________

*Please attach any relevant information. E.g. Asthma plan, letters from doctors, etc*

PARENT INFORMATION (Compulsory requirement)

Contact telephone number(s) of parents/guardian for emergency: (please write clearly)

Parent/Guardian Name __________________________________________________________ (please print)

Mobile: ___________________________________________ Home:____________________________

Most regularly used email address: ___________________________________________________

Signed _____________________________________________ Date _________________________

(Parent/Guardian)

TEAM MANAGER

I am available to be my daughter’s team manager if required and the above contact number can be used on the team draw as a point of contact.

☐ Yes  ☐ NO

Managers Name (Please Print Clearly): _____________________________________________

A full team list and draw will be distributed to all students before the commencement of each season. Please refer to this for all information including venue addresses, match times and wet weather numbers.

Special requirements:

- Sports uniform is required for all training sessions

Please complete and return the Disclaimer Form on the next page with this sports nomination form.
Acknowledgement and Disclaimer by Parent or Guardian

1. I am a parent/legal guardian of: ________________________________ (Student’s Name)

2. I have read and understood the attached Risk Warning. (Page 16)

3. I provide my express consent for the child to participate in the following activities organised by the Association of Heads of Independent Girls’ School NSW (AHIGS) and Junior School Heads Association of Australia (IPSHA) or Kincoppal-Rose Bay School (KRB) at various venues in the Sydney metropolitan area, NSW and possibly interstate:

- Any sporting activity organised by the AHIGS Sporting Committee (IGSSA) or IPSHA
- Any public speaking/performance based activity organised by the AHIGS Festival of Speech
- Any public speaking and/or debating activity organised by the Archdale Debating Committee on half of AHIGS or IPSHA.

4. I acknowledge that AHIGS performs a purely administrative role in the co-ordination and facilitation of inter-school activities and is not responsible for providing expertise on the risks associated with these activities or the manner in which they should be conducted.

5. I acknowledge that sporting activities are dangerous and may result in personal injury, disability, illness or death and resultant economic loss or property damage and that the student participates in the sporting activities and other activities indicated above, voluntarily and at her own risk.

6. I acknowledge that while participating in any of the activities listed above, both the property and person of the student shall be at her own risk.

7. I release AHIGS, IPSHA, KRB and the owner or occupier of the particular sporting or public speaking/performance/debating venue from liability for any personal injury, disability or loss or damage to property whether or not caused by the negligence of AHIGS, IPSHA or KRB, their servants or agents arising from the student’s participation in the activities or arising from the condition of the facilities of the equipment used in the activities. As a separate obligation I indemnify AHIGS, IPSHA or KRB, its officers, employees and agents against all claims, liability and loss incurred by them and arising from the student’s participation in the sporting and/or public speaking performance/debating activities.

Signature of Parent/Guardian ___________________________ Date ___________________________
ESFA Football Information
(Kindergarten, Year 1 & Year 2)

Please read all the information that follows.
Re: ESFA FOOTBALL – REGISTRATION & DOCUMENTATION

Dear Parents and Guardians,

All students who are considering nominating to play ESFA (Eastern Suburbs Football Association) Football for Kincoppal-Rose Bay School must read all the information that follows, and MUST complete and return all the relevant registration forms and documents by the due date. All these forms/documents will be distributed to all players in the first few weeks of Term 1, 2014 (once received from ESFA).

Please ensure you complete/supply the following documentation outlined below:

- KRB Soccer Nomination Form due Monday 10th February
- Federation Football Australia (FFA) Registration Form (TO FOLLOW)
- Copy of your Child’s Birth Certificate / Passport
- 1 Passport sized photograph
- Accident Support Program Form (TO FOLLOW)

Without this information your child will be unable to play in the ESFA Competition.

To avoid disappointment, please ensure that all the relevant documentation outlined above is fully completed and return to the Junior School Office by the due date. Late registrations will not be accepted.

Please note that training for K-2 Soccer students will start in Week 2/3 of Term 1, 2014 and conclude in the middle of Term 3. Round 1 of the ESFA competition will commence at the end of March 2014 and may run through the school holidays.

Starting training early will allow our student players to develop an awareness of the game, rules, skill development and to bond with other students in their year group prior to playing against other teams/clubs in the ESFA Competition.

All K-2 teams will play under the ‘Small Sided Games’ Format. High emphasis is placed on skill development by playing on smaller fields, few players per team, greater contact time with the ball, modified rules and results are not recorded, etc.

Yours Faithfully,

Mr. Craig Millard
P-6 PDH/PE Teacher & Boys’ Sports Coordinator
# RTO TEAM MANAGER
## REGISTERED TEAM OFFICIAL FORM - 2014

<table>
<thead>
<tr>
<th>RTO Number:</th>
<th>Players Number:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surname:</td>
<td>Given Name:</td>
</tr>
<tr>
<td>Date Of Birth (D/M/Y):</td>
<td>Preferred Contact No:</td>
</tr>
</tbody>
</table>

**Address:**

**Compulsory – RTO's E-Mail:**

*Please print all details clearly, in particular the RTO email.*

**Registered Team Official Declaration**

I hereby declare:

- I am not under suspension by any sporting organisation.
- There are no outstanding debts owed by me to any Club and/or Association.
- I also agree to abide by the rules and decisions of the Eastern Suburbs Football Association Inc as defined by the constitution, competition rules and minutes of ESFA meetings.
- I agree to abide by the Code of Conduct for RTO’s set by the ESFA.
- I will ensure that myself and the team I represent will fully abide by the ESFA competition rules. I do acknowledge that failure to do so may result in potential fines / actions being taken against my players, myself and/or the club I am registered to.
- I hereby declare that all the information submitted on this form is true and correct.

**RTO’s must be over the age of 18 years.**

**** All RTO’s who will be in constant contact with person’s aged Under 18 years of age must also complete a working with children check form and a prohibited employment form. This is a legal requirement.****

**Print Name:**

**Signature:** ___________________________ **Date:** ______________________

***PLEASE RETURN THIS COMPLETED FORM TO THE CLUB OF YOUR CHOICE***

## Club This Year

<table>
<thead>
<tr>
<th>Team:</th>
</tr>
</thead>
</table>

### CLUB REGISTRAR’S DECLARATION

I hereby certify that the person below is responsible and is in full knowledge of the responsibilities expected of ESFA for a registered team official (RTO). Also as registrar I have ensured that a working children declaration has been signed by the RTO

**RTO’s TEAM**

**(Registrar/Coach/Manager only)**

**Club Registrar (Print Name):**

**Signature:** ___________________________ **Dated:** ______________________
Code of Conduct
RTO (Team Manager)

- I will place the safety and welfare of players and officials above all else
- I will show concern and caution towards sick and injured players
- I will give all players a ‘fair go’ regardless of their gender, ability, cultural background or religion
- I will be impartial, consistent, objective and courteous when making decisions
- I will accept responsibility for my actions and decisions
- I will condemn unsporting behaviour and promote respect for the individuality of players
- I will avoid any situations which may lead to or be construed as a conflict of interest
- I will be a positive role model in behaviour and personal appearance and ensure my comments are positive and supportive
- I will be a good sport as I understand that actions speak louder than words
- I will always respect, remain loyal to and support other officials
- I will keep up to date with the latest ‘Laws of the Game’, trends and principles of their application
- I will refrain from any form of personal abuse towards players or other officials
- I will refrain from any form of sexual harassment towards players or other officials
- I will not arrive at the venue intoxicated or drink alcohol at junior matches
- I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.

To be completed by the RTO/TEAM MANAGER:

<table>
<thead>
<tr>
<th>Officials Signature</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>Officials Name</td>
<td>Club</td>
</tr>
<tr>
<td>Date</td>
<td></td>
</tr>
</tbody>
</table>
6.4 PROHIBITED EMPLOYMENT DECLARATION

The Commission for Children and Young People Act 1998 makes it an offence for a prohibited person (a person convicted of a serious sex offence, the murder of a child or a child-related personal violence offence, as well as a Registrable person under the Child Protection (Offenders Registration) Act 2000) to apply for or otherwise attempt to obtain, undertake or remain in child-related employment. It does not apply if an order from the Industrial Relations Commission, Administrative Decisions Tribunal or Commission for Children and Young People, declares that the Act does not apply to a person in respect of a specific offence.

For further information on what is child-related employment, see the Working With Children Employers Guidelines on www.kids.nsw.gov.au.

Section 33B of the Commission for Children and Young People Act 1998 defines a serious sex offence as:

- an offence involving sexual activity or acts of indecency committed in New South Wales and that was punishable by penal servitude or imprisonment for 12 months or more; or
- an offence involving sexual activity or acts of indecency committed elsewhere and that would have been an offence punishable by penal servitude or imprisonment for 12 months or more, if it had been committed in New South Wales; or
- an offence under section 80D or 80E (sexual servitude) of the Crimes Act 1900, committed against a child; or
- an offence under Sections 91D-91G (child prostitution, other than if committed by a child prostitute) of the Crimes Act 1900 or a similar offence under a law other than a law of New South Wales; or
- an offence under Section 91H, 578B or 578C (2A) (child pornography) of the Crimes Act 1900 or a similar offence under a law other than a law of New South Wales; or
- an offence of attempting, or of conspiracy or incitement, to commit an offence referred to in the preceding paragraphs; or
- any other offence, whether under the law of New South Wales or elsewhere, prescribed by the regulations.

**Note:** A conviction for carnal knowledge is classified as a serious sex offence under this legislation.

Section 33B of the Commission for Children and Young People Act 1998 defines a child-related personal violence offence as an offence committed by an adult:

- involving intentionally wounding or causing grievous bodily harm to a child; or
- of attempting, or of conspiracy or incitement, to commit such an offence.
- Under Commission for Children and Young People Act 1998:
  - it is an offence for a Prohibited Person to apply for, or otherwise attempt to obtain, undertake or remain in child-related employment;
  - employers must ask existing employees, both paid and unpaid, and preferred applicants for child-related employment to declare if they are a Prohibited Person or not;
  - all people in child-related employment must inform their employers if they are a Prohibited Person or remove themselves from child-related employment; and
- penalties are imposed for non compliance.

Attachment 4 (continued)

I am aware that I am ineligible to apply for or otherwise attempt to obtain, undertake or remain in, child related employment if I have been convicted of a serious sex offence or child-related personal violence offence as defined in the Commission for Children and Young People Act 1998, or if I am a Registrable Person under the Child Protection (Offenders Registration) Act 2000.

I have read and understood the above information in relation to the Commission for Children and Young People Act 1998. I am aware that it is an offence to make a false statement on this form.

I consent to a check of my relevant criminal records, to verify the statements I have made here, being undertaken by the NSW Commission for Children and Young People for monitoring and auditing purposes in accordance with Section 36 (1) (f) of the Commission for Children and Young People Act 1998.

I declare that I am not a person prohibited by the Act from seeking, obtaining, undertaking or remaining in child related employment.

I understand that this information may be referred to the Commission for Children and Young People and/or to NSW Police for law enforcement purposes and for monitoring and auditing compliance with the procedures and standards for the Working With Children Check in accordance with Section 36 (1) (f) of the Commission for Children and Young People Act 1998.

All fields must be completed. Please use block letters.

<table>
<thead>
<tr>
<th>Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aliases (previous/other names)</td>
</tr>
<tr>
<td>Date of Birth</td>
</tr>
<tr>
<td>Signature:</td>
</tr>
<tr>
<td>Date</td>
</tr>
<tr>
<td>Contact Email:</td>
</tr>
</tbody>
</table>

Note: Seek legal advice if you are unsure of your status as a Prohibited Person.

THIS FORM IS TO BE RETURNED TO YOUR CLUB

Small-Sided Games

Parent Flyer

In 2008 the Eastern Suburbs Football and member clubs will introduced a nationally consistent format of Small Sided Games [SSG] for boys and girls in the 6’s, 7’s and 8’s.

It is important to emphasis that the purpose of SSG’s is skill development through fun. They benefit kids by making their early contact with the game more enjoyable while simultaneously providing an environment that will facilitate greater skill development.

What are small-sided games?
They are football games with fewer players competing on a smaller-sized field. They are fun games that encourage players to have more contact with the ball because fewer players are playing in a smaller playing area. SSG have a definite developmental impact on younger football players.

Why change to small-sided games?
It makes the game of football a better experience for children. More touches on the ball, more opportunities to make decisions, more actual play. Players will be more active due to playing both attacking and defensive roles and will become all-rounded and understand the importance of team-mates and playing and working together.

Do other countries play small-sided games?
Small Sided Games are played and endorsed throughout England, Ireland, The Netherlands, Scotland, Germany, France, Korea and USA, to name a few. The idea of Small Sided Games is not new.

Benefits of Small Sided Games
A significant amount of research has been conducted in countries where Small Sided Games are prevalent, which overwhelmingly highlights the following benefits:

- More touches of the ball by all players throughout all areas of the pitch
- More shots on goal
- More efficient use of facilities, given there can be multiple games on one standard-size field
- Repeated decision-making experience
- The ball is in play far more often
- The emphasis is on player development rather than winning or losing
- Better success rate leads to improved quality of play, self-esteem and player retention
- The game is easier to understand
- Freedom of expression – no positions in early stages
- Less perceived stress on the players
- Less perceived pressure from coaches and parents
- Parents more likely to volunteer for SSG game leader roles
- Children enjoyed the progressive and sequential game formats.
What’s changing?
From 2008, FFA and Member Federations, in conjunction with zones, associations and clubs will lead a staged implementation of Small Sided Games throughout Australia.

The implementation will start with some or all age groups, associations and clubs in each Member Federation in 2008 and will continue over several years to progress throughout all age groups, associations and clubs in each Member Federation in a staged approach.

Small Sided Games will be implemented in the Eastern Suburbs in 2008 for both the 6’s and 7’s. These will range from intra club, and community hubs.

<table>
<thead>
<tr>
<th>Playing Format</th>
<th>Under 6 &amp; 7</th>
<th>Under 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Numbers</td>
<td>4 v 4</td>
<td>7 v 7</td>
</tr>
<tr>
<td>Field Size</td>
<td>30m x 20m</td>
<td>50m x 40m</td>
</tr>
<tr>
<td>Field Markings</td>
<td>Markers or painted line markings</td>
<td>Markers or painted line markings</td>
</tr>
<tr>
<td>Penalty Area</td>
<td>Nil</td>
<td>Yes</td>
</tr>
<tr>
<td>Goal Size</td>
<td>Min: 1.80m x 0.90m Max: 2.00m x 1.00m</td>
<td>Min: 2.50m x 2.00m Max: 3.00m x 2.00m</td>
</tr>
<tr>
<td>Goal Type</td>
<td>Goals</td>
<td>Goals</td>
</tr>
<tr>
<td>Ball Size</td>
<td>Size 3</td>
<td>Size 3</td>
</tr>
<tr>
<td>Goalkeeper</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Recommended Playing Time</td>
<td>2 x 15 minutes</td>
<td>2 x 20 minutes</td>
</tr>
<tr>
<td>Half Time Break</td>
<td>5 minutes</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Referee</td>
<td>Game Leader</td>
<td>Instructing Referee</td>
</tr>
<tr>
<td>Competition</td>
<td>No</td>
<td>No</td>
</tr>
</tbody>
</table>

How will children learn to play 11 v 11
Progressing from 4 v 4, 7 v 7 and 9 v 9 BEFORE 11 v 11 is a sound educational method and process. The progression helps players discover the differences in the size of the field and size of the goal, and the benefits of having more space, learn to use different and better developed techniques to play a more tactical game, and learn the role of different positions and determine what best suits them.

Why no goalkeepers until Under 8s
The role of the goalkeeper in football is uniquely specialised and typically players develop as keepers at a later age. In the youngest age groups, keepers can be uninvolved in the game for long periods which can be uninteresting and means they are not part of the team for long periods of the game. Most goalkeepers have played for many years as field players before deciding to become goalkeepers.

For more information on the benefits and philosophy of SSG go the community section of;

Images of children

Most people taking photos of children at sporting events are doing so for acceptable reasons and are using appropriate methods. For example, a parent videeing their child at a sports presentation or photographing their child on the field during play, or a professional photographer taking photos for a club.

It is worth noting that many photographs taken in public places will include subjects who have not consented to their photo being taken, and people, including children, are frequently photographed by security cameras without their knowledge or permission.

The small size of many cameras and the advent of mobile phone cameras make it easier to take photos and harder to monitor. Digital photo publication can now be printed at home and photos can be taken, altered, and transmitted quickly to a vast audience by posting on the internet or "on sending" the photo to mobile phone users.

This greater ease of taking and modifying images has raised concerns about the potential risks of child abuse posed directly and indirectly to children and young people through the inappropriate use of photographs on sports web sites and in publications. Evidence in Australia and internationally, indicates that information posted on an internet site or published in a magazine or newspaper has the potential to be used to target children, to locate them, and then to condition or "groom" them for abuse or exploitation. Certain individuals will also visit sporting events to take photographs or video footage of young sports people for inappropriate adaptation and use. The end result is that, in spite of the best intentions of the sporting organisation, children can end up being victims of abuse.

The following information and suggested strategies have been provided for sporting clubs and associations to consider when acquiring and displaying images of children and young people on web sites and in other publications.

Please note that this information is not intended to be, nor should it be relied upon as a substitute for legal or other professional advice. Organisations and individuals should seek legal advice in relation to these issues in your state or territory.

The Law

In Australia, generally speaking, there is no law restricting photography of people (including children) in public spaces as long as the images are not considered to:

- be indecent (such as "up skirt" or "downblouse" photographs taken covertly in change rooms, toilets or other invasions of privacy);
- be used for voyeurism or made for the purpose of observing and visually recording the other person's genital or anal region;
- be protected by a court order (eg. child custody or witness protection);
- be defamatory;
- be for commercial purposes (person's likeness is used to entice people to buy or it appears they are endorsing a product).

This may require a Model Release/Consent Form to be signed.

Consensual photos of a child (including your own child) also contravene Criminal Codes and censorship laws if the child is photographed in a provocative or sexual manner.

Where a sporting event is held on a club's private property, privately owned land, a school or council owned facilities, the owner of private property or venues are able to restrict or ban photography (eg. some council owned facilities will not allow mobile phones or cameras in change rooms or toilets).

Where a sporting event is held on private property not owned by the organiser, there needs to be a discussion with the owner to determine a mutually agreed photographing policy. There is nothing, however, to prevent a person from photographing outside the property boundary unless it is taken for indecent purposes, as previously discussed.

Supporting Sport :: Images of children

Many facilities do not allow the use of mobile phones (regardless of whether they have camera features) in change rooms and some local government pools require permission for photography anywhere in their venue.

If a person is taking photographs inappropriately (e.g. breaching the restrictions or ban in place for that private property or venue), then venue management can request the person to stop. If the person refuses, the police or security may be called to escort them off the property (without threatening violence, detention, or confiscation of the camera or film).

Sporting organisations may want to consider implementing one or more of the following strategies in providing all involved with a greater knowledge and an assurance that the taking and displaying of images is appropriate.

Acquiring Images

- Clearly outline what is considered appropriate behaviour in obtaining photographs and what is considered appropriate image content using a camera, mobile phone or video and publicise this information throughout the organisation.
- Do not allow photographers (professional photographers, spectators, fans, coaches or members of the media) unsupervised or individual access to children.
- Ensure the coach informs the team/athlete and parent(s) if the coach wants to video the athlete(s) as a tool to analyse and improve performance. (This practice would need to consider any photographing policy in existence for the sport and if on private property)
- Obtain the consent of parent guardian and their agreement to be present before approving photo/video sessions outside the event venue or at the home of a child. Where possible, have the photo taken at the event venue.
- Provide details of who to contact within the club or organisation if concerns or complaints of inappropriate photographic behaviour or content are raised. Ensure that the contact person understands the application of relevant legislation and policies.
- Provide members of the media and professional photographers with an identification pass to be worn for the duration of major/large events.

Displaying images

It is not so much the taking of images that may be of concern, but how the image will be used. If your organisation is acquiring an image of a child for display:

- Consider using models or illustrations for promotional/advertising purposes.
- Obtain permission from the child’s parent/guardian prior to taking any images of a child or young person. Ensure that all concerned are aware of the reason why it is to be used and how long the image will be displayed.
- If an image is used avoid naming the child. If this is not possible avoid using both a first name and surname.
- Avoid displaying personal information such as residential address, email address or telephone numbers if images are being posted on websites or distributed in publications.
- Do not display information about hobbies, likes/dislikes, school, etc as this information has the potential to be used as grooming tools by paedophiles or other persons.
- Only use appropriate images of the child, relevant to the sport or activity, and ensure that the athlete/child is suitably dressed. Images of athletes participating in sports or activities that involve minimal clothing (e.g. swimming and gymnastics) or unusual body positions/poses could potentially be misused. The age of the child is another factor to consider when deciding if the image is appropriate.
- Reduce the ability for direct copying of pictures from a website to another source (i.e. disable the ‘right mouse click’ function).
- Clearly outline in a written contract to photographers who are contracted or paid to take photos, who will retain the images taken, include arrangements made for negatives, digital files and proofs and outline any restrictions for use and sale.
- Provide details of who to contact and what to do if concerns or complaints of inappropriate image use are raised.

The intention of this information sheet is to let sporting organisations know about the issues surrounding acquiring and displaying images of children, not to restrict those people who are taking photos of children for legitimate reasons.
